

The Reformation 

Messenger

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International Missionary Society of S.D.A. Church Reform Movement



Some of the members and visitors at the Canadian Field Conference

REFORMATION

PART 7



RESULTS OF REFORMATION

What is the end result of the reformation? What is the reformation producing? Is it not perfection of character. "Be ye therefore perfect, even as your Father which is in heaven is perfect". Matt. 5:48.

Jesus, the greatest Reformer, came to His people in the time of their great apostasy. His efforts produced a company of believers prepared for the early rain. This, in turn, produced a great harvest of souls, and the message was preached in all the known world.

UNITY

The very beginning of the reformation will bring unity into the church. "The time has come for a thorough reformation to take place. When this reformation begins, the spirit of prayer will actuate every believer and will banish from the church the spirit of discord and strife. Those who have not been living in Christian fellowship will draw close to one another. One member working in right lines will lead other members to unite with him in making intercession for the revelation of the Holy Spirit. There will be no confusion, because all will be in harmony with the mind of the Spirit. The barriers separating believer from believer will be broken down, and God's servants will speak the same things." Test. Vol. 8 pg. 251.

Here we find seven descriptions of the results that take place when the thorough reformation begins. They all refer to unity. The members will draw close to one another and the spirit of discord and strife will disappear. All barriers separating believer from believer will be broken down. Nothing else can produce this kind of harmony except a thorough reformation.

Then the prayer of Jesus will be fulfilled "That they all may be one; as Thou, Father, art in Me, and I in Thee, that they also may be one in us." John 17:21. This is the first sign of a true reformation.

MISSIONARY SPIRIT

When the disciples had worked out a Reformation among themselves, they were filled with a great burden for souls. Nothing could hold them back. Even when faced with persecution, they boldly proclaimed the unpopular message, which in the end brought martyrs' deaths upon them.

"Everyone who has tasted of the powers of the world to come, whether he be young or old, learned or unlearned, will be stirred with the spirit which actuated Christ. The very first impulse of the renewed heart is to bring others also to the Saviour...Just as soon as a person is really converted to the truth there springs up in his heart an earnest desire to go and tell some friend or neighbor of the precious light shining forth from the sacred pages. In unselfish labor to save others he is a living epistle, known and read of all men. His life shows that he has been converted to Christ and has become a colaborer with Him." Test. Vol. 5 p. 386.

We read that the very first impulse after we have been converted to Christ is a missionary spirit. And as the reformation continues in our lives the burden for souls grows greater.

LATTER RAIN

The early rain at the time of Pentecost was the result of the reformation which Christ brought to His followers. In one way the latter rain is the result of reformation in the last days.

“Today you are to have your vessel purified, that it may be ready for the heavenly dew, ready for the showers of the latter rain: for the latter rain will come, and the blessing of God will fill every soul that is purified from every defilement.” Evang. p. 702.

Many make a mistake thinking that the latter rain will purify them for heaven but that is a great mistake. The soul must be purified before the latter rain or we will miss out on it. The prophesied reformation is not taking place at the time of the latter rain, but will do its work before the latter rain and purify the people for it.

“But unless the members of God’s church today have a living connection with the Source of all spiritual growth, they will not be ready for the time of reaping. Unless they keep their lamps trimmed and burning, they will fail of receiving added grace in times of special need.” A. A. p. 55.

Without a thorough reformation we will not receive the latter rain. “Those who receive the seal of the living God and are protected in the time of trouble must reflect the image of Jesus fully... I saw that none could share the ‘refreshing’ unless they obtain the victory over every besetment, over pride, selfishness, love of the world, and over every wrong word and action.” E.W. p. 71.

PERFECTION

The work of reformation is to make us perfect, sinless and wanting nothing. It is a high standard but it is attainable. Many professed Christians think that a sinless life is impossible. If it were so, then Christ would not have said to the people to “go and sin no more”.

The reformation message has a power in it to overcome sin and to reach sanctification. There will be 144,000 sinless people who will be sealed by the seal of God. The Christ Righteousness message will make us omnipotent so that we can “move mountains” and nothing will be impossible to us: this is the promise of Christ to His followers. This, in verity, is the Reformation message which no other church preaches.

LOVE

Love is a result of reformation. On the other hand, sin kills the love.

“And because iniquity shall abound, the love of many shall wax cold.” Matt. 24:12.

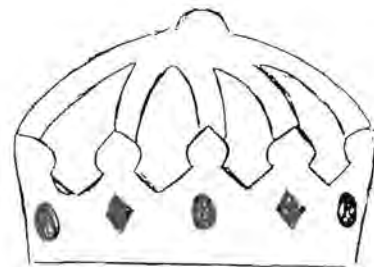
The Ten Commandments are the expression of love toward God and also toward our fellow man. The commandment of love will not permit us to do hurt to our fellow beings. Jesus included in the commandment of love even our enemies. “Love your enemies, bless them that curse you, do good to them that hate you, and pray for them which despitefully use you, and persecute you.” Matt. 5:44.

This commandment will not allow us to participate in the armed forces. War is of Satan and professed Christians and churches which join the army and fight in the war are practicing Satan’s commandment of hatred. Our defense is God. He will fight for us. He will not permit anything to happen to us which is not for our good. “And we know that all things work together for good to them that love God, to them who are called according to His purpose.” Rom. 8:28.

The end of reformation is glorious: a Perfect Character of Christ. This is the greatest miracle of God - a sinner changed to a saint. May the Lord help each one of us in this last Reform Movement to accomplish its purpose and reach “unto a perfect man, unto the measure of the stature of the fulness of Christ”. Eph. 4:13. AMEN

Timo Martin

MINI-SERIES ABOUT SOME KINGS OF JUDAH



King Manasseh

1 Kings 21 and 2 Chronicles 33

From all the kings of Judah, Manasseh is the only one who turned from wickedness to righteousness. It is an amazing testimony about the long suffering of God; how He could bear with such obnoxious wickedness by not destroying this particular ruler, who with energy committed the worst crimes and abominations. No, the all wise, merciful Holy One of Israel gave room for repentance through affliction. And the patience and grace of God bore precious fruit.

Here is the story about the marvelous and mighty power of redemption, proving stronger than all the forces of evil combined.

A wonderful consolation is realized through the fact, that no matter how deep one is stuck in the mire of evil and slavery to Satan, that the saving, divine grace could pull him out. Through the deepest blackness of hellish gloom, the rays of the redeeming light of Heaven are able to penetrate to the most darkened chambers of the soul. This is the might of the eternal love of God Omnipotent, in its revealed glory to save and to recreate. Satan cannot make any claim for any sinner to be beyond redemption, when the same chooses to seek it. All accusations of the archenemy, that a sinner has gone too far and remains his rightful property, will be silenced and swept aside by the divine sentence: "The Lord rebuke thee, O Satan, is not this a brand plucked out of the fire?" Zech. 3:2

It was like this with King Manasseh.

Manasseh, the son of King Hezekiah, was at the age of twelve when he was set upon the throne by his father when Hezekiah was sick unto death and had been told by God to set his house in order. Thus he made Manasseh king, (co-regent), yet Hezekiah recovered and both reigned until he died. This is according to the expert on the "Chronology of Hebrew Kings", by Edwin R. Thiele.

But Manasseh was in no way interested to follow the God of his father, nor concerned about his duty as ruler to be an example of righteousness and justice before the people. No, he had other intentions and cared nothing about the faithfulness of his great father. He would do whatever he pleased. His eyes and mind were set going after the forbidden things and practices, Israel was instructed about by God to have nothing to do with them. Deut 18:10-12.

But for Manasseh, God was nonexistent. And with boldness and hellish pleasure he went ahead to engage himself in various forms of spiritualism and demon worship. He was fascinated with sorcery, witchcraft, astrology, and with an uncanny curiosity searched out the dark arts, to sell himself to the powers of darkness.

He set up groves and high places to worship Baal and the host of heaven. He made his own children to pass through the fire in the valley of Hinnon, used enchantments, consulted spirit mediums, and all the abominations of the heathen nations, for which reason they had been cast out.

It was a light thing for him to profane the courts of the house of God, to build altars there to bow to the stars, the sun and the moon. After all he set up a graven image in the temple.

2 Kings 21:3-7.

Thus he made also the people transgress and seduced them to worship idols, to which they quickly responded. The land was again defiled with high places and images, thus Judah did worse than the heathen nations around them.

Few were appalled and moved away from Jerusalem to the countryside, where they could worship the Lord in peace and purity.

And if those abominations committed by Manasseh were not enough, he cared nothing for the people. He gave himself to evil and produced the fruits of evil only. The powers of hell controlled him. The older he became the harder grew his heart. He was cruel, mean, and to murder and to chastise subjects, who had done nothing worthy of punishment, was his pleasure. He filled Jerusalem with blood from one end to the other.

The Proverb: "As a roaring lion and a raging bear, so is a wicked ruler over the poor people." Proverbs 28:15 is a fitting application for this king. For Manasseh existed no standard to judge his actions, he simply yielded to the commands of his unrestrained passions. Anybody dare to point out to the judgements of God for his wicked deeds was executed instantly . Nobody is going to tell Manasseh what to do!

With such a ruler the nation must despair, and the faithful ones cried unto God to do something with this brutal unjust king, whose name alone was a nightmare to anyone. And the Lord sent one more message by His servants the prophets, to pronounce a most severe judgement, "that whosoever hearth of it, both his ears shall tingle." 2 Kings 21:11-13.

But it was in vain, the king merely shrugged his shoulders and like a madman continued in his ways, despite the warning; neither did the people take it to heart.

Thus the cup run over and the predicted judgement had to come. At first it came upon the bold, defiant transgressor – King Manasseh.

For many generations, Assyria had been a powerful, vast empire. The nations trembled before their rulers who laid many countries waste and put the nations under the yoke of paying a yearly tribute. Among them were Israel and Judah. Esar-haddan, king of Assyria, mentions in his records, Manasseh was one of the 22 kings of West Asia, who were made vassal kings to pay tribute and had to send timber to Niniveh, the first capital of Assyria. At some time in his reign, Manasseh revolted and refused to pay the usual tribute. This created for God the opportunity to put a check upon the wicked regent. He used the Assyrian king as a scourge first to trouble Manasseh, then at a later time the nation. Amen

By Edda Tedford

Continued in Next Issue



Gospel Workers p.391. "The Lord would have His people bury political questions. On these themes silence is eloquence. Christ calls upon His followers to come into unity on the pure gospel principles which are plainly for we do not know whom we are voting for. We cannot with safety take part in any political scheme."



ANGER

After years of telling us the best way to deal with anger is to express it, new research has revealed the stiff upper lip was the right way to cope all along.

Psychologists have found that venting your spleen results in greater tension than remaining calm in the face of provocation.

Those who choose to express their anger in an aggressive way will become more aggressive and face a higher risk of heart attack.

Ignore the counsellors who advise you to express your feelings is the advice of Dr. Brad Bushman and his team at Iowa State University, who carried out the research. Rather take a breath and avoid seeking catharsis.

"It's better to control anger by doing something calm. Expressing it just makes it worse," says Bushman.

In the research, which has been published in the *Journal of Personality and Social Psychology*, 600 volunteers read articles on the benefits of catharsis, or on keeping calm or a neutral story.

They were all asked to write essays about what they had read and were then rudely criticized to provoke them to anger.

The volunteers were then encouraged to take out their emotions on a punching bag before playing a computer game in which they could punish their human opponent, demonstrating their level of aggression.

Bushman says the results contradicted the theory that expressing your anger ultimately calmed you down: Those who read the pro-catharsis article were twice as aggressive as the rest.

In another experiment, the psychologists provoked a separate set of 100 volunteers, who had been convinced that it was best to vent your fury.

Instead of letting them loose on a punching bag, they were told to sit quietly for two minutes before playing the computer game. This time they proved less aggressive. Bushman says that expressing their anger, people were effectively practising at being upset and this raised their discontent.

"After people expressed their anger, they said it made them feel better. But that didn't last and over-all, they got more aggressive. There's no evidence that getting it off your chest has any beneficial effect at all," says Bushman.

It is research that matched the experiences of General Sir Anthony Farrar-Hockley, former command-in-chief of NATO forces in Europe, who proudly maintained a stiff upper lip after being captured during the Korean War.

"Banging my fists on the wall would have been a fat waste of time. You have to look at the situation in perspective and force yourself into a calmer state of mind," he says.

While some people can remain calm, others can only cope by letting off steam, according to Denise Knowles, a counsellor who works with estranged couples.

Bushman says that while it was important to keep calm, ignoring a problem could be just as bad for your health as getting angry.

The Spirit of Prophecy is giving us clear counsel how to deal with anger which is a Satanic characteristic.

It is true there is an indignation that is justifiable, even in the followers of Christ. When they see that God is dishonored, and His service brought into disrepute, when they see the innocent oppressed, a righteous indignation stirs their soul. Such anger, born of sensitive morals, is not a sin. But those who at any supposed provocation feel at liberty to indulge anger or resentment are opening the heart to Satan. Bitterness and animosity must be banished from the soul if we would be in harmony with heaven. *Desire of Ages* Pg. 310.

Never Lose Control of Yourselves – Never should we lose control of ourselves. Let us ever keep before us the perfect Pattern. It is a sin to speak impatiently and fretfully or to feel angry—even though we do not speak. We are to walk worthy, giving a right representation of Christ. The speaking of an angry word is like flint striking flint: it at once wrathful feelings. *Child Guidance* Pg. 95.

One class have come up without self-control, they have not bridled the temper or the tongue; and some of these claim to be Christ followers, but they are not. Jesus has sent them no such example.... Some are nervous, and if they begin to lose self-control in word or spirit under provocation, they are as much intoxicated with wrath as the inebriate is with liquor. They are unreasonable, and not easily persuaded or convinced. They are not sane; Satan for the time had full control. Every one of these exhibitions of wrath weakens the nervous system and the moral powers, and makes it difficult to restrain anger on another provocation. *Sons and Daughters* Pg. 142.

‘Unkindness, complaining, and anger shut Jesus from the dwelling. I saw that angels of God will flee from a house where there are unpleasant words, fretfulness, and strife. *Testimonies for the Church* Vol. 1 Pg.307.

With care avoid every appearance of anger; and though you use plainness of speech, let there be no reproach, no railing accusation, no token of warmth but that of earnest love. Above all, let there be no shadow of hate or ill will, no bitterness or sourness of expression. Nothing but kindness and gentleness can flow from the heart of love. *Testimonies for the Church* Vol.2 Pg.53

Letter 301, 1902. “Those who claim to be children of God are in no case to bind up with the Labour Unions that are formed or that shall be formed. This the Lord forbids. Cannot those who study the prophecies see and understand what is before us.”

Letter #26, 1903. “These Unions are one of the signs of the last days. Men are binding up bundles ready to be burned. They may be church members, but while they belong to these Unions, they cannot possibly keep the commandments of God; for the belong to these unions means to disregard the entire Decalogue.”

CANADIAN FIELD CONFERENCE

July 16 - 18, 1999

Friday:

"Therefore be ye also ready: for in such an hour as ye think not the Son of man cometh." Mat. 24:44. "Ye are all the children of light, and the children of the day: we are not of the night, nor of darkness. Therefore let us not sleep, as do others; but let us watch and be sober." I Thess. 5:5,6.

With these verses Brother Kanagarajah opened the Canadian Field Conference. The theme of the conference was, "Get ready! Get ready! Get ready!" EW p.119. After welcoming all the believers from the churches in Canada and those from foreign countries he turned the meeting over to Brother Gary Foster from Kentucky, U.S.A.

Brother Foster began with Jeremiah 29:11, "For I know the thoughts that I think toward you, saith the LORD, thoughts of peace, and not of evil, to give you an expected end." God has an expected end for His people. He wants to reveal His purpose to His people. "He that hath an ear, let him hear..." Rev. 2:7. God wants to tell us something. He is getting us ready for a big event. There are many deep things that God wants to reveal to us, we must be ready and listening to His voice. We are living in a time that is strange and different and God is calling all, both old and young. We must get ready for this event that God is preparing us for. There are several things that prevent us from getting ready. The first one is: "Negativism!" Some of God's people have this disease. Nothing is ever right - they are always gloomy and looking on the negative side of things. We must smile and go on and say, "I love you," still. The second one is, "Maintenancement!" We're here, we've always done it this way and we will never change. Jesus doesn't change, but times do and people do and we must learn to

adapt. The third point is, "Conflict!" We need differences of ideas from others. Sometimes this causes conflict amongst brethren, but we must learn to deal with the conflict and go on. A fourth cause is, "Unbelief!" We are embarrassed that we are a small church - a remnant or maybe about E.G. White. Our job is to be Christians 7 days a week, 24 hours a day so when people see us, they want to know more about the Lord. Are you ready? Yield to Jesus and He will help you to get ready.

Brother Joel Barnedo from the Philippines continued with the Sabbath opening service. The real sign of a successful Christian is if God can trust you when you are alone. Br. Barnedo shared with us some of the missionary experiences that he made in the Philippines and with his trip to North America. Then he spoke about Christ being the centre of our lives. Many Christians, while claiming to serve God have not made Christ the centre. They allow other things to take the first place in their lives. Some make a spouse the centre and will not follow God's leading if the spouse or the family does not. Some make possessions the centre and are not willing to make the sacrifice to enter missionary work because that would reduce their net worth (which they measure in the things they possess). Some even make the church the centre of their lives. They still defend the SDA Reform Movement all the time but never Jesus. Brother Barnedo encouraged us in missionary work. If we spend one hour in church we may not bring as many souls to the Lord as we would should we spend 5 minutes at our neighbour's doorstep. He closed with encouraging us with the necessity of getting ready.

Sabbath:

After a lively Sabbath School lesson, Brother Antonino DiFranca shared with us the words of the Lord in the Divine Service. "He which testifieth these things saith, Surely I come quickly. Amen, Even so, come, Lord Jesus." Rev. 22:20. This is the final message given to God's people in the Bible. We are therefore called to get ready for this wonderful event. Jesus encouraged His followers not to be troubled at His departure, because He was surely coming back. This has been the glorious hope of all God's people down through the ages from Adam and Eve until the present. In the past they have seen this event only by faith but we have the privilege of seeing it literally. The church now has a great mission. This is the time of preparation. In the time of Noah, they had 120 years of preparation time. In the time of Sodom and Gomorrah, they heard the warning only one night before the event and they had to make a rapid decision. We may have a long time to prepare like Noah did, or the Lord may visit us very soon. There is no more time to wait. It is now time to work. Now - not in the future; it is time to pray, to study, and to preach the gospel. Be ready for you know now when the Lord will come. We must be able to answer, "Even so, come, Lord Jesus."

In the afternoon we were blessed by three programs from the children and young people. The children from the Toronto church showed us how the Fruits of the Spirit can be displayed in a young child's life. The Streetsville youth, presented to us "God revealed in Nature". The young people from the Toronto church shared with us the Judgment Hour message. It is a serious time we are living in. It is time to get a deeper understanding of God through His word, as well as in

Nature. Then we can display the Fruits of the Spirit, and we will be ready when our name is called in the Judgment in Heaven.

Before dinner the visiting ministers shared with us experiences they have made in missionary work in various parts of the world. We see how God has blessed His work through these men as He is willing to help and bless any honest soul who puts his hand to the plough of missionary work, whether full time or voluntary - in your free time.

After dinner Brother Branko Cholich shared with us some thoughts concerning the price of our salvation - the Blood of Christ. We can never be reminded too often, what Jesus has done for us. We will meet with persecutions as we decide to follow Jesus. Not everyone in our family will accept the message of salvation and in the end, family members will turn against the faithful. We can never say, we know enough. Cornelius was a devout man, but he needed more. He needed to know that there was one who died for him. The Lord sent Peter to share the message with him. When Jesus comes, only those who do not have one spot on their characters will be saved. We live in the time of the end and must be ready for that day when Jesus does come.

Next we shared testimonies and special songs in praise and thanksgiving to the Lord. After this hour, Brother Dasappa from South Africa shared some thoughts. The theme of the conference is: "Get Ready! Get Ready! Get Ready!" Why the threefold repetition? Is not once enough? It shows us the urgency of the message. What does it mean to get ready? It depends on the occasion and the occasion we are getting ready for today is to meet the Lord. After 6,000 years of sin, are we really the people God wants us to be? The greatest need of the world today is a revelation of Jesus Christ. When God created the world, He looked at everything and said, "It is good." A sad statement is

written a few chapters later in the Bible. "And it repented the LORD that he had made man on the earth, and it grieved him at his heart." Gen. 6:6. When God looks at the earth today, what does He think? Can we not say that again He is grieved in His heart? We have much work to do. Brother Dasappa shared with us that it is his life that speaks, much more than his sermons. What you are shouts so loud that I cannot hear what you say. It is not what a man thinks in his heart that will save him - it is what he is in Christ that will. Jesus gives us a challenge. Not to be simply a church-goer, but to be a Christian. When people see us, they should see Jesus. Then we are on the right road. We must reflect Christ to the point that people see Jesus in us. That is our challenge for today.

Sunday:

In the morning Brother Barnedo shared some experiences he had made in the Philippines. He encouraged us all to engage in missionary work. It is the happiest work on earth. It is our duty and responsibility - our first work - to present the Third Angel's Message to the world. It is not only about Sabbath keeping, but Christ through the Sabbath. When we go to meet with people, we can't keep on talking, and talking, and talking. . . It is our duty to also listen to the people. Ask them what their problems are - see how you can help them. Faith is going to your neighbour when you don't feel like it. When you help the poor, you are filling up spiritually. Our job is to make friends and talk to them about Jesus. We don't need their money or their brains but rather their hearts. Don't stay in the pulpit. Go out and preach the gospel to every tongue and nation and then shall the end come.

Sister Kathy Garcia then shared with us the importance of the health message. We are all called to be health experts. Not only the doctors and nurses in our midst are called to carry the health message but each

one of us should have a knowledge of simple, natural remedies so that we can help others. Health reform is not only living and eating right for our own health - it means educating ourselves to help others right now. We must remember to include Christ in our health message also. As health experts we are to use two methods: Teaching and Healing. Some will use one or the other but we need both. We not only have to bring healing to people but teach people how they can avoid becoming ill in the future. She closed with a quote that she had seen on a car bumper sticker, "Ignore health and it will go away."

Brother Jerry Eaton took us into the next meeting. He spoke of our preparation for heaven. It is very similar to preparation for a plane ride. You have to be ready and organized. Many people know that a crisis is coming in this world. Many Christian authors are making a lot of money in preparation for the Y2K crisis they see looming on the horizon and are instructing the people on how to prepare. We believe in a different kind of preparation. In this age of intellectual light, many great minds think it is the best time this world has ever known. Sister White tells us it is the most dangerous time for a Christian. What many people don't realize about history is the fact that the Renaissance was the result of the Protestant Reformation - those that spoke out against those that tried to control their conscience. There is coming a time when we must have a similar experience. This is part of our preparation for the crisis. It is not only a personal preparation but a warning to the world that they are following the wrong leader and must turn around and prepare for the crisis by following Christ.

Farewell Meeting:

During the farewell meeting all ministers and church leaders were given a few minutes to give some final counsel and encouragement to the congregation.

Timo Martin: One thing we must always keep before us - The time is short. Jesus is coming very soon. So what should we do? Get Ready! Get Ready! Get Ready! Even if we have only one more day to work it is enough to prepare. We are not only to prepare ourselves but to seek to save souls before it is forever too late. Each one has talents and the ones who don't use them will be cast into outer darkness. We don't have "four months until the harvest" because the "harvest is ripe" right now. People often use their talents to make money and build themselves up in this world, but the most important use of our talents is to save a few more souls. If we don't speak, someone else will - the very stones will cry out. God has blessed us with a wonderful message. He has also blessed us with a print shop and there are thousands of pieces of literature just waiting to be distributed like the leaves of Autumn. We have sent much literature to Africa, India and other parts of the world. Br. Martin gave special thanks to all those volunteer helpers who sacrificed their free time on Sundays to come and help out in the print shop.

Ian Grant: We must be ready. In the book of Matthew we see at least 60 places where he pointed back to the Old Testament prophecies about Jesus. He always presented Jesus. God is still able today. Your sins and shortcomings have not made God powerless, He is still able to save you. As you leave this conference, please leave with the assurance that God can save you. There will be trying times ahead, but God will be with you. He will lift you up and put your feet on the solid rock.

Evald Pederson: "Rejoice in the Lord always." Phil. 4:4. One important way in which we can prepare for Jesus' coming is to be joyful. We will meet with trials and difficulties and **perhaps** even differences with our brethren. We must learn how to effectively straighten out our problems and go on and be happy.

Manny Dasappa: I thank God that we have one Father. I also thank Brother Cholich for making it possible for me to be here. We were then encouraged to keep our eyes on our goal and strive to reach it. Part of the process is to love God with all our heart, mind and soul and our neighbour as ourselves. Serve the Lord with faithfulness until the end.

Joel Barnedo expressed his thanks for those who made it possible for him to be here and also for the hospitality that has been shown to him. He must leave now to go and prepare for a Philippine Union Colporteur and Missionary Conference, but looks forward to seeing North America again. He left us with, "Therefore, my beloved brethren, be ye steadfast, unmovable, always abounding in the work of the Lord, forasmuch as ye know that your labour is not in vain in the Lord." 1 Cor. 15:58.

Morris Lowe: This conference has been an encouragement to all of us to "Get ready!" In the parable of the 10 virgins we are told what we must do. Many times we think we can get into heaven being lazy, but if we understand this parable, this is impossible. We must take personal, individual responsibility for missionary work. Jesus needs Christian nurses, Christian accountants etc. May God help us not only to get ourselves ready, but also that we would go to save men. Light is not necessary where there is light already - we must go to the darkness and bring the light.

Brother Kangarajah encouraged us with 1 Thes. 5:23. And the very God of peace sanctify you wholly; and I pray God your whole spirit and soul and body be preserved blameless unto the coming of our Lord Jesus Christ. He then thanked each foreign visitor for the effort they made to be here to share in the blessing.

Branko Cholich: "Let brotherly love continue." Hebrews 13:1. Brother Cholich showed us a small

map of South Africa and related an experience of how this map brought Brother Dasappa to Canada. While he was in South Africa Brother Katide took him to a store to buy a map. When he went to pay for it he realized that he was short of money. Brother Katide offered to pay the difference. Brother Cholich promised to pay him back when they met in Holland. In Holland Brother Katide refused to accept repayment of the map but simply stated, "Would you not buy something for me if I was in your country?" That gave the idea to Brother Cholich to invite Brother Katide to the American Union Conference. While they were discussing the issue, Brother Dasappa walked up and over heard the conversation. He asked if he also may come to USA and Canada. Brother Cholich answered, "Come!" At that moment Brother Barnedo walked up and made the same request, Brother Cholich answered, "Come!" A little map brought three brothers to North America. Little things can do a great good.

Antonino DiFranca: During his travels from country to country, he heard of many fulfillments of prophecy. The fallen churches are coming together. Soon the battle for the commandments of God and of me will reach the climax. Soon the prophecy of Revelation 18 will reach its complete fulfillment and the truth will be a light to the world. People sitting here will be instruments of God to bring the gospel to the world. May God help us to be those instruments. His prayer is that not one idea may take you away from the door.

We then sang the conference theme song "What if it were Today?" and "God Be With You". The conference was brought to a close with prayers. A rich blessing was received by all who attended.

AMEN



WOMEN'S DRESS



Deuteronomy 22:5

1 Timothy 2: 9,10

Throughout my years as a S.D.A. Christian, I have gleaned a few ideas from the Spirit of Prophecy and from practical experience that have guided me in my way of dressing.

HEALTH - Our dress needs to be warm and should take into account the way we are made. Our extremities are in the most need. They are the furthest from our heart which is the centre of our heat production. Therefore, wearing nylons and a thin dress in cool weather (or even in hot) may seem modest, womanly and Christian - but it certainly is not true dress reform.

Women should be dressed as warmly and comfortably as men. They should be able to endure the same kind of weather and activity; as much as it is possible, necessary or practical. Let's not become helpless weaklings.

Our dress should allow freedom of a full range of movement - no tight bands, belts or socks to cause marks on skin. It should be durable and easy to wash. I choose cotton and wool whenever possible.

It should not be manly. Nothing should appear like man's clothing. It is quite amazing how our dress affects our own thoughts and that of others. Hopefully it should be attractive and feminine, but not revealing.

Factors which we must take into account are: age, activity, occupation, climate and how others in our community and family view us.

My own personal experience has been interesting over the years. I have tended to be a rather wild, independent, non-conformist. Let God help us to dress appropriately. AMEN

Kathleen Ross

THANK GOD FOR JESUS!



Some of the children at the Canadian Field Conference



and Simeon said.....

Ellen White

”Behold,” Simeon had said, “this child is set for the fall and rising again of many in Israel; and for a sign which shall be spoken against.” They must fall who would rise again. We must fall upon the rock and be broken before we can be uplifted in Christ. Self must be dethroned, pride must be humbled, if we would know the glory of the spiritual kingdom.

“That the thoughts of many hearts may be revealed.” In the light of the Saviour’s life, the hearts of all, even from the creator to the prince of darkness, are revealed. Satan has represented God as as selfish and oppressive, as claiming all, and giving nothing, as requiring the service of His creatures for His own glory, and making no sacrifice for their good. But the gift of Christ reveals the Father’s heart. It testify’s that the thoughts of God towards us are “thoughts of peace and not of evil.” Jer. 29:11. It declares that while God’s hatred of sin is strong as death, His love for the sinners is stronger than death. Having undertaken our redemption, He will spare nothing, however dear, which is necessary to the completion of His work. No truth essential to our salvation is withheld, no miracle of mercy is neglected, no divine agency is left unemployed. Favor is heaped upon favor, gift upon gift. The whole treasury of heaven to those He seeks to save. Having collected the riches of the universe, and laid open the resources of infinite power, He gives them all into the hands of Christ, and says, All these are for man. Use these gifts to convince him that there is no love greater than mine in earth or heaven. His greatest happiness will be found in loving Me.

At the cross of Calvary, love and selfishness stood face to face.

Here were there crowning manifestation. Christ had lived only to comfort and bless, and in putting Him to death, Satan manifested the malignity of his hatred against God. He made it evident that the real purpose of his rebellion was to dethrone God, and to destroy Him through whom the love of God was shown.

By the life and death of Christ, the thoughts of men also are bought to view. From the manger to the cross, the life of Jesus was a call to self surrender, and to fellowship in suffering. It unveiled the purposes of men. Jesus came with the truth of heaven, and all who were listening to the voice of the Holy Spirit were drawn to Him. The worshippers of self belonged to Satan's kingdom. In their attitude toward Christ, all would show on which side they stood. And thus everyone passes judgement on himself.

In the final judgement, every lost soul will understand the nature of his own rejection of truth. The cross will be presented and it's real bearing will be seen by every mind that has been blinded by transgression. Before the vision of Calvary with it's mysterious Victim, sinners will stand condemned. Every lying excuse will be swept away. Human apotasy will appear in it's heinous character. Men will see what their choice has been. Every question of truth and error in the long standing controversy will then have been made plain. In the judgement of the universe it will be demonstrated that the divine decrees are not accessory to sin. There was no defect in God's government, no cause for disaffection. When the thoughts of all hearts shall be revealed, both the loyal and the rebellious will unite in declaring, "Just and true are Thy ways, Thou King of saints. Who shall fear Thee, O Lord, and glorify Thy name?... for Thy judgements are made manifest." Rev. 15:3,4



Current Scene

Last month, the Current Scene article stated that in this issue we would explore the reasons why the nominal SDA church could not provide a barrier to the Mark of the Beast being passed:

Why is the SDA Church heavily involved in the World Council of Churches?

In the 1988 Official List of members of the World Council of Churches the SDA Church is mentioned as Observers twice, Associate Members twice, Consultant Observers once, Fraternal Associates once and full-fledged members six times. (I am sure that there are now many more members of the World Council of Churches amongst the various national SDA Church bodies.)

B.B. Beach held office of secretary of the World Council of Churches for many years and the nominal SDA church has had an ever increasing role and participation in many ecumenical events, e.g. Easter Sunrise services together with other churches, many inter-faith conferences and participation in pastoral associations.

Richard Wurmbrand, the famous Christian Pastor imprisoned and tortured for his faith in Communist Russia had this to say about the SDA leaders: "Priests and Pastors of all religions have given martyrs in Hitler's times. The Reformed Adventists too. But the Unreformed Adventist leaders shouted Heil Hitler, while he killed Jews and

Christians.....At that time only Reformed Adventists acted as Ellen White taught. The others were cowards.

"The moment the Fascist regimes were overturned, the very same Adventist leaders praised loudly the Communist dictators. This is how they behaved in Russia too. I sent _____ an article published by Kulikov, the top Adventist bootlicker in which he adulates Andropov, a man who headed during a decade the KGB, guilty of the killing of millions of innocents."

Which leads us to the question: is the SDA church infiltrated by Jesuits? This charge has been made by many and some proof has come from ex-Jesuit sources like Alberto Rivera, who said the SDA church was in the first wave of churches infiltrated back in the 40s and 50s. But the main way we can see evidence of this is in the "standards crisis" of decaying theology and personal standards of piety in the nominal SDA church.

It has been said that "wrong theology leads to wrong actions" which certainly makes sense. But couldn't we turn that around and say that wrong actions lead to wrong theology? Let me explain. You see, if we look at the church as a material thing made up of buildings, hospitals and other institutions then the organization becomes only a political means of those looking to extend their power. Numbers are emphasized and much rejoicing is made when

increased numbers of superficial believers are multiplied, but the pen of inspiration tells us that this shows great blindness. As numbers of superficial believers are accepted into the nominal church, they in turn put much pressure on to the leaders and members to lower the standards even further, which just kicks off another round of compromise and apostasy.

All this process has gone on for so long in the nominal SDA church that many un-Biblical and outright false ideas are now being accepted.

Firstly: The Ten Commandments are not necessary to keep in all situations. If, for example, the government requires us to do military service in war time, or a woman wants an abortion, or if a man wants to divorce his wife within the church and marry another, that is perfectly acceptable.

Seeking for approval from the other denominations has led to direct involvement with the ecumenical movement. Ecumenical is a word, which, when we trace it to its roots we see it means universal. It is a brain-child of the Catholic church (catholic also means universal) and as such the Catholic church stands at its head. Thus the nominal SDA church has direct involvement with the Beast of Rome because they have a direct ecumenical relationship with the Roman

Catholic Church through the World Council of Churches.

If you have wondered why the nominal church has been reported in many places as throwing out the writings of E.G. White, accepting Pentecostal-type worship and even been pushing anti-Sabbath publications – when we take all of these facts into consideration can there be any more wonder?

“There is to be no change in the general features of God’s cause. It is to stand out as clear and distinct as prophecy has made it. We are to enter into no confederacy with the world, supposing that by so doing we could accomplish more.....No line of our faith that has made us what we are is to be weakened. We have the old landmarks of truth, experience, and duty, and we are to stand firm in defense of our principles, in full view of the world. With hearts filled with interest and solicitude, we are to give the invitation to those in the highways and the byways.” T 8 160

True Reformation vs. False Reformation

“The enemy of souls has sought to bring in the supposition that a great reformation was to take place among Seventh-day Adventists, and that this reformation would consist of giving up the doctrines which stand as the pillars of our faith, and engaging in a process of reorganization. Were this reformation to take place, what would result? The principles of truth that God in His wisdom has given to the remnant

church, would be disregarded. Our religion would be changed. The fundamental principles that have sustained the work for the last fifty years would be accounted as error.

A new organization would be established. Book of a new order would be written. A system of intellectual philosophy would be introduced. The founders of this system would go into the cities, and do a wonderful work. The Sabbath, of course, would be lightly regarded, as also the God who created it. Nothing would be allowed to stand in the way of the new movement. The leaders would teach that virtue is better than vice, but God being removed, they would place their dependence on human power, which without God, is worthless. Their foundation would be built on the sand, and storm and tempest would sweep away the structure.” *Selected Messages, Book 1, 204,205*

Can we not see that within the apostate SDA church that exactly this process has gone on in the last 85 years?

“Some have advanced the thought that, as we near the close of time, every child of God will act independently of any religious organization. But I have been instructed by the Lord that in this work there is no such thing as every man’s being independent. The stars of heaven are all under law, each influencing the other to do the will of God, yielding their common obedience to the law that controls their action. And, in order that the Lord’s work may advance healthfully and

solidly, His people must draw together..

“If men will not move in concert in the great and grand work for this time, there will be confusion. It is not a good sign when men refuse to unite with their brethren and prefer to act alone. Let laborers take into their confidence the brethren who are free to point out every departure from right principles. If men wear the yoke of Christ, they cannot pull apart; they will draw with Christ.

“Some workers pull with all the power that God has given them, but they have not yet learned that they should not pull alone. Instead of isolating themselves, let them draw in harmony with their fellow laborers. Unless they do this, their activity will work at the wrong time and in the wrong way. They will often work counter to that which God would have done, and thus their work is worse than wasted.” 9T 258,259

What about the trash heap, Neal?

“Although it is true that there was a period in the life of the Seventh-day Adventist Church when the denomination took a distinctly anti-Roman Catholic viewpoint...that attitude on the church’s part was nothing more than a manifestation of widespread anti-popery among conservative Protestant denominations in the early part of this century, and the latter part of the last, which has not been consigned to the historical trash heap as far as the Seventh-day Adventist Church is concerned.” Stated

position of Neal C. Wilson, Vice-President of the General Conference of Seventh-day Adventists. (Neal C. Wilson was Vice-President when he spoke this though he was later elected President and held that office for many years.) Quoted from the Merikay McLeod lawsuit: Docket entry #84: EEOC vs. PPPA, C-74-2025-CBR. Feb. 6, 1976.

When we take into consideration all of these facts and add to them how Sr. White prophesied Reformation and Revival to come within the SDA church over the topic of war, we rejoice because nothing can take place without God making provision for it.

“Through centuries of persecution, conflict, and darkness, God has sustained His church. Not one cloud has fallen upon it that He has not prepared for; not one opposing force has risen to counterwork His work that He has not foreseen. All has taken place as He predicted. He has not left His church forsaken, but has traced in prophetic declarations what would occur, and that which His Spirit inspired the prophets to foretell has been brought about. All His purposes will be fulfilled. His law is linked with His throne, and no power of evil can destroy it. Truth is inspired and guarded by God and it will triumph over all opposition.

“During ages of spiritual darkness the church of God has been as a city set on a hill.

From age to age, through successive generations, the pure doctrines of heaven have been unfolding within its borders. Enfeebled and defective as it may appear, the church is the one object upon which God bestows in a special sense His supreme regard. It is the theater of His grace, in which He delights to reveal His power to transform hearts.” AA 11,12
 “God chose Israel to reveal His character to men. He desired them to be as wells of salvation in the world. To them were committed the oracles of heaven, the revelation of God’s will. In the early days of Israel the nations of the world, through corrupt practices, had lost the knowledge of God. They had once known Him; but because ‘they glorified Him not as God, neither were thankful; but became vain in their imaginations,...their foolish heart was darkened.’ Rom. 1:21. Yet in His mercy God did not blot them out of existence. He purposed to give them an opportunity of again out of existence. He purposed to give them an opportunity of gain becoming acquainted with Him through His chosen people....

“But the people of Israel lost sight of their high privileges as God’s

representatives. They forgot God and failed to fulfill their holy mission. The blessings they received brought no blessing to the world. All their advantages they appropriated for their own glorification. They shut themselves away from the world in order to escape temptation. The restrictions that God had placed upon their association with idolaters as a means of preventing them from conforming to the practices of the heathen, they used to build up a wall of separation between themselves and all other nations. They robbed God of the service he required of them, and they robbed their fellow men of religious guidance and a holy example.” AA 14,15

Certainly we can see that this same thing will happen to you and I if we fail to give the warning of the Three Angel’s Messages and live the truths contained therein.. May God help you and I to prove faithful to our high and holy calling. By Jerry Eaton

**Richard Eaton
 playing music
 at the Canadian
 Field Conference**





DISAPPOINTMENT

As his father came through the door, Robert knew he had some exciting news. Robert could always tell because of the funny lopsided grin he had.

"How was your day, Robert?" his father asked.

"Pretty good, I guess. Steve came over and helped me fix up the rigging on my model sailboat."

"That's good," said Dad, grinning even more. "How'd you like to go for a sail in a *real* sailboat?"

Robert could hardly believe his ears, "A real sailboat? That would be fantastic! When? How? Whose?"

Robert's father laughed, "Now wait a minute. One question at a time. Do you remember Keith Lewis who used to work for me a year or so ago – a tall fellow? He used to coach the children's soccer team?"

Robert nodded. He remembered Keith.

"Well," his father continued, "Keith and his dad bought a Venture 22 last year and they spend most Sunday's sailing. When I told him how crazy you were about sailing, he offered to take us out next Sunday. He said he would give me a few lessons in sailing too."

"Wow, dad! Wait until I tell Steve! A Venture 22 – that's great!" It wasn't the biggest sailboat in the world, but it was

just the right size to really get the feel of sailing.

"We'll go to the harbor tomorrow and look it over," his father promised. "I'll pick you up after school."

At last 3:15 P.M. came, and there was Dad in the parking lot, waiting for him. He flung his schoolbooks in the back seat and buckled up the seat belt and they drove off.

They had no trouble finding where the *Sea Shark* was berthed. It was a beautiful boat. Her sails were neatly furled in a bright blue canvas cover that matched the trim of the boat. Rick put out a hand and touched the boat. It was real all right. The ropes on its mast flapped gently in the breeze making a pinging sound. In all his dreams, this was exactly the boat Robert would have liked to own.

They spent about half an hour inspecting the *Sea Shark*. They couldn't go aboard, because Keith wasn't there – but Sunday was only three days away.

Dad suggested they spend the rest of the afternoon looking around the harbour, and Robert agreed. There were many beautiful boats moored in the marina, but to Robert's way of thinking none of them could match the *Sea Shark*. Oh, there were other Venture 22s, but to Robert, the *Sea Shark's* blue was just that much deeper. Its rails gleamed brighter, and the

way it sat in the water was perkier than any other 22 there. Suddenly it seemed as if Sunday would never come.

But it did. The minute he was awake, Robert leaped out of bed and pulled back the drapes. The sky was dull gray. Small puffs of clouds with flat bases, that looked like they had been sheared off, hung in layers against the bleak sky.

Not such a nice day, Robert thought, but he wouldn't let it dampen his spirits. He dressed swiftly and then pulled on an old red sweater that had belonged to his cousin. It was too big, but he would probably need something warm to wear if the sun didn't come out. He decided to wear his tennis shoes so that he wouldn't scratch the deck of the beautiful *Sea Shark*.

Downstairs, Dad gazed out of the living room window. The lopsided grin was missing, and he was listening to the radio.

"What's up, Dad?"

"The weather doesn't look too promising, son."

"Oh it'll clear up," said Robert, "You know it's always cloudy first thing in the morning. It's early yet."

"I hope so, but the forecast isn't good," Dad replied.

Robert refused to think about it. Of course it would clear up.

When they arrived at the *Sea Shark*, Keith was standing

at the bow gazing out at the ocean. There were white caps on the waves and the sheared-off clouds scooted along, pushed by a stiff breeze. The ropes on the masts all around them were clanging instead of making the usual gentle *ping*.

"How does it look, Keith?" Dad asked.

Keith turned to reply, a worried look on his face. "Not too good, I'm afraid. Think we'd better hang around for an hour or so and see whether it's going to get worse."

Robert's heart sank. Was it possible they would not go?

Keith moved to the other side of the boat. He put his hand on Robert's head and ruffled his hair. "I'd hate to disappoint you, Robert, but the ocean is not something you fool around with in bad weather."

Robert nodded and tried to smile. A lump rose in his throat and he turned away and swallowed hard. He climbed aboard and began to inspect the rigging. But at the same time he was praying, "Dear God, please let us be able to go out today. *Please* let us. I want to go so badly." It was a selfish prayer he knew, but God must know how much he had been looking forward to this and it wasn't wrong to want to go.

Just then Keith spoke. "That settles it, I'm afraid. See the harbor patrol office over there? They just raised the red flag."

"What does that mean?" Robert asked.

"The triangular red flag is a small-craft warning. That means weather and ocean

conditions are not suitable for small boats."

"Can't we go, then?" Robert asked, but he already knew the answer.

"I'm afraid not. I'm really sorry, but we can always go another day. I'm going to be away on a business trip for a month, starting Monday, but the first Sunday after I get back, we'll try again. How will that be?"

A whole month! That seemed like forever to Robert. But he nodded, not trusting himself to speak. In fact, he was afraid he was going to cry, so he jumped off the boat onto the dock and bent over the side, pretending to look for crabs. He had never felt so disappointed. Why didn't God answer his prayer?

The next morning the sky had cleared, although it was still very windy. Why couldn't it have been like this yesterday, Robert thought as he was getting ready for school?

The next Sabbath Robert went to church with his family and he walked up to the notice board to read the weekly quotation that the church leader posted there. This week's quotation was, "Our disappointments are God's appointments." What did that mean, he wondered? He repeated the words over in his mind. *Could it mean that there is often a reason why things don't work out the way we plan them*, he wondered. *What reason would God have had for not allowing them to go sailing the past Sunday?*

By the time they got into the sanctuary, the congregation

was already singing the first song. After the song, Brother Leyland rose to give the announcements. "We have a special prayer request for Keith Lewis, who was rushed to the hospital last Sunday afternoon with appendicitis."

Robert was so astonished he didn't hear the rest of the announcements. The rods buzzed in his head. "Will he be okay, Dad?" he whispered.

"It takes a week or two to get over it, as long as there aren't any complications," Dad whispered. "Good thing we weren't out in that storm with him. You and I don't know much about sailing, and we'd really have been in trouble."

Immediately the quotation on the notice board flashed through Robert's mind. "Our disappointments are God's appointments." So *that* was God's reason. Robert thought of the tossing ocean and the small sailboat. He remembered Keith's words, "The ocean is not something you fool around with in bad weather."

A feeling of relief swept over him. He was glad they hadn't gone sailing after all.

"And we know that all things work together for good to them that love God." Romans 8:28.

O Lord, when things don't go according to my plans, help me to believe that you know what is best, because you know the beginning and the ending. Help me to be satisfied even though I'm disappointed.

Essentials: Natural Remedies



There was a time in the last few years when I took a good friend of mine to the hospital. My friend was in a critical condition, but to my surprise the doctor in the emergency area gave the nurse orders that a cup of liquid charcoal was to be given as the medicine. Within the next hour or so my friend had recovered from the poison in the body. It was interesting to think that these great medically advanced institutions were using but the simplest remedy; was quite interesting to me. I expected them to use some great technologically advanced machine.

Recently I came across a small printed book and I thought it would be nice to share some of this information so we can continue to be informed in the use of simple natural remedies.

The place of Herbs in Rational Therapy

“And when I violate the laws God has established in my being, I am to repent and reform, and place myself in the most favorable condition under the doctors God has provided. - pure air, pure water, and the healing, precious sunlight. Water can be used in many ways to relieve suffering. Draughts of clear, hot water taken before eating (half a quart more or less), will never do any harm, but will rather be productive of good. *A cup of tea made from catnip herb will quiet the nerves.*

“It is no denial of faith to use rational remedies judiciously. Water, air, and sunshine, these are God’s healing agencies. *The use of certain herbs that the Lord has made to grow for the good of man, is in harmony with the exercise of faith, - MS 31, 1911 (written June 3 1888).*

Learn to (do for ourself)

Now in regard that to which we can do for ourselves: there is a point that requires careful, thoughtful consideration. I must become acquainted with myself. I must eat those things which will be for my very best good physically and I must take special care to have my clothing such as will conduce to a healthful circulation of the blood. I must not deprive myself of exercise and air. I must get all the sunlight that it is possible for me to obtain.....I should be unwise to sit with cold feet and limbs and thus expose myself so as to take cold. I should be unwise to sit with cold feet and limbs and thus drive back the blood from the extremities to the brain or internal organs. I should always protect my feet in damp weather.

I should eat regularly of the most healthful food which will make the best quality of blood, and I should not work intemperately if it is in my power to avoid doing so.

Useful Remedies

Hop tea will induce sleep. Hop poultices over the stomach will relieve pain. If the eyes are weak, if there is pain in the eyes, or inflammation, soft flannel cloths wet in hot water and salt, will bring relief quickly. When the head is congested, if the feet and limbs are put in a bath with a little

mustard, relief will be obtained.

There are many more simple remedies which will do much to restore to healthful action to the body. All these simple preparations the Lord expects us to use for ourselves; but man's extremities are God's opportunities. If we neglect to do that which is within our reach of nearly every family, and ask the Lord to relieve pain, when we are too indolent (lazy) to make use of these remedies within our power, it is simply presumption.

God has caused to grow out of the ground herbs for the use of man and if we understand the nature of these roots and herbs, and make a right use of them, there would not be a necessity of running for the doctor so frequently, and people would be in much better health than they are today.

Charcoal and Smartweed

One of the most beneficial remedies is pulverized charcoal in a bag and used in fomentations. This is the most successful remedy. If wet in smartweed, boiled, it is still better. I have ordered this in cases where the sick was suffering great pain, and when it has been confided to me by the physician that he thought it was the last before the close of life... To students, when injured with bruised hands, and suffering with inflammation, I have prescribed this simple remedy with perfect success. The poison of the inflammation is overcome, the pain removed, and the healing process goes on rapidly. The more severe inflammation of the eyes will be relieved by a poultice of charcoal, put in a bag and dipped in hot or cold water as will best suit the case. - letter 82, 1897

Charcoal and Olive Oil

I will tell you a little about my experience with charcoal as a remedy. For some forms of indigestion, it is more efficacious than drugs. A little olive oil into which some of this powder has been stirred, tends to cleanse and heal. I find it is excellent...

Always study and teach the use of the simplest remedies, and the special blessing of the Lord may be expected to follow the use of these means which are within the reach of the common people. - Letter 100, 1903.

Pine, cedar, and fir

Light was given that there is health in the fragrance of the pine, the cedar, and the fir. And there are several other kinds of trees that have medicinal properties that are health promoting. - Letter 95, 1902 (written June 26, 1902)

I write these things that you may know that the Lord has not left us without the use of simple remedies which when taken will not leave the system in a weakened condition in which the use of drugs so often leave it..." - Letter 90, 1908.

I hope this will give us a little more information on the simple remedies we could use for ourselves.
Amen

Michael Newby

10 healing herbs



Herb #1: Cayenne

Taste: Hot and biting

Healing Properties: Purifies blood and promotes fluid elimination and sweat.

Often used as a stimulating nerve tonic.

Use in cooking: Whole, fresh, chopped, in tomato sauces, salsas, soups, stews.

Dried whole chillies used in the same way. Dried powdered as a garnish for main dishes, in spice blends and rubs for vegetables.

Herb #2: Dandelion

Taste: Leaves are tart, bitter. Root is nutty, earthy.

Healing Properties: Leaves are a tonic for kidney; root a tonic for liver.

Use in cooking: Root is cooked as any root vegetable; leaf is steamed, braised or used raw in salads. Flower used in sauces and pudding desserts.

Herb #3: Echinacea

Taste: Root is sweet, pleasantly aromatic. Flower petals are faintly aromatic.

Healing Properties: One of the best herbs for overall health. Stimulates white blood cells to remove foreign bodies including bacteria and other pathogens from blood stream.

Use in cooking: Petals and leaf in salads, stir-fries. Root in simmered soups and stews, grated into salads, sauces, vegetable dishes. Works well with garlic to help prevent colds and flu.

Herb #4: Garlic

Taste: Hot, sharp, strong flavor.

Healing Properties: Inhibits some cancer cells formation. Lowers LDL cholesterol. Acts as antioxidant and antibiotic.

Use in cooking: Use fresh in as many dishes as possible. Add minced and raw to prepared sauces, dips and salad dressings. Include in recipes that call for onions. Add to stir-fries, vegetable dishes, main dishes salads, soups and stews.

Herb #5: Ginger

Taste: Hot, sweet, spicy-citrus, biting.

Healing Properties: Calms nausea, prevents vomiting, protects liver.

Use in cooking: Add minced fresh or powdered to prepared sauces, dips and salad dressings. Also good in stir-fries, cakes, baked goods, preserves. Fresh and dried, ginger benefits the body.

Herb #6: Ginseng

Taste: Bittersweet, earthy, sometimes musky.

Healing Properties: Helps body resist and adapt to stress. A stimulant. Promotes long-term overall health.

Use in cooking: Fresh or dried in soups, stocks and stews. Reconstitute dried root and grate into cereal, teas, vegetable dishes, stir-fries.

Herb #7: Rosemary

Taste: Blend of ginger, mint, lemon and pine.

Healing Properties: Anti-oxidant, anti-cancer, antiseptic, diuretic, nerve tonic.

Use in cooking: Fresh leaf in soups, stocks, with fruit, lamb, poultry, marinades, stuffings, with garlic for roasted vegetables, puddings and sauces.

Herb #8: Shiitake Mushrooms

Taste: Earthly, sweetish.

Healing Properties: Strengthens immune system, reduces high cholesterol, anti-cancer.

Use in cooking: Whole, roasted or grilled in stews, soups, sliced in rice and grain dishes, stir-fries, roaster vegetable dishes.

Herb #9: Thyme

Taste: Peppery, pungent, slightly sweet.

Healing Properties: Aids throat and chest infections, antioxidant, soothes coughs.

Use in cooking: Soups, stews, tomato sauces, gumbos, chowders, salads, vegetable dishes. Extremely versatile; can be added to most dishes.

Herb #10: Turmeric

Taste: Warm, sweetish, peppery.

Healing Properties: Antioxidant, antibacterial, anticancer.

Use in cooking: Rice dishes, with lentils, cheeses.



Singing at the Canadian Field Conference.

Lizette, Sesciah, Keila and Raquel



SUPER SOY FOODS

Broaden the taste possibilities at your next meal. Soy foods are more than just a blip on the nutrition radar screen--they are versatile, great tasting, and easy to use, too.

Soybeans are one of the most nutritious types of legume--they are a great source of soluble fiber, protein, iron, B vitamins, potassium, zinc, and other essential minerals. In addition to being low fat, low-calorie, and nutrient-rich soy foods like tofu, tempeh, soy milk, and miso are credited with alleviating menopausal symptoms like hot flashes, preventing osteoporosis and breast and ovarian cancers, lowering cholesterol levels, and reducing your risk of heart disease. Health researchers think that compounds called isoflavones, containing a plant hormone known as phytoestrogen, is the magic ingredient that helps your body steer clear of disease.

On the taste front, when served on their own or cooked with tangy sauces, fresh vegetables and fruits, and whole grains, soy foods are delicious meal additions that are readily available at your neighborhood grocery or health food store. If you want to include more of this humble bean in your diet, here are some of its different incarnations to help get you started.

Miso is fermented soybean paste. A deeply flavored food, miso has a sweet taste and is usually sold in light and dark varieties. Light misos are fermented for a short time and range in color from yellow to brick red. Dark misos are sometimes fermented for years, have greater concentration of soybean, and are often saltier than their lighter relations. You'll find miso in the refrigerated section of your grocery store. Miso paste can be used as the base for simple stocks, soups, and broths. It's also great in salad dressings, dips, sauces for stir-fried vegetables and noodles.

Tip: Because some miso brands are salty, even when diluted, you might want to taste-test your dish before adding extra salt.

Soy milk is made from ground soybeans that are soaked, lightly cooked, and then strained. Sometimes fortified with vitamin D, soymilk is often beige in color and has a light, vaguely beanie flavor. It comes in thin or creamy textures. Soy milk is a low-calorie substitute in recipes that call for milk, but check the label since many brands have added sweeteners. You'll find it in your dairy section or sold in aseptic cartons.

Tip: Soy milk has a short shelf life once the container is opened. You might want to buy a single-serving sizes for easy use.

Another fermented soy food, **tempeh** consists of soybeans that are mixed with mold, which holds the beans together, and then pressed into cakes. Tempeh has a chewy texture and a rich, yeasty flavor. Some varieties are mixed with grains or vegetables during the fermentation stage. Tempeh can be baked, broiled, and grilled; it's also great shredded

and used in salads, to stuff vegetables, or to make fillings for sandwiches and wraps. You'll find tempeh in the refrigerated or frozen foods section of your grocery store. Check the expiration date stamped on the package. If you don't plan to use it straight away, you can safely store tempeh in your freezer.

Tip: If tempeh is slimy or smelly, you've probably missed its best-use date and should throw it away.

Tofu is the chameleon of the soy foods, and is so adaptable it can be pureed and used in fruit smoothies or sliced and stuffed with mixed vegetables, and baked. Sold in silken to extra-firm textures, tofu absorbs the flavors of whatever you prepare it with. The reason is because tofu has a high water content, so drain it well before using it in recipes. (You can wrap it in cheesecloth and leave in colander). Store leftover tofu in fresh water and change the water daily. If a film develops on top, it is time to toss it to the garbage.



It is now too late in the day for men to please and glorify themselves. Ministers of God, it is too late to be contending for the supremacy. The solemn time has come when ministers should be weeping between the porch and the altar, crying, "Spare thy people, O Lord, and give not thine heritage to reproach". It is a day when instead of lifting up their souls in self-sufficiency, ministers and people should be confessing their sins before God, and one another. The law of God is made void, and even among those who advocate its binding claims, are some who break its sacred precepts. The Bible will be opened from house to house, and men and women will find access to these homes, and minds will be opened to receive the word of God; and when the crisis comes, many will be prepared to make right decisions even in the face of the formidable difficulties that will be brought about through the deceptive miracles of Satan. Although these will confess the truth and become workers with Christ at the eleventh hour, they will receive equal wages with those who have wrought through the whole day. There will be an army of steadfast believers who will stand as firm as a rock through the last test. But where in that army are those who have been standard-bearers? Where are those whose voices have sounded in proclaiming the truth to the sinning? Some of them are not there. We look for them, but in the time of shaking they have been unable to stand, and have passed over the enemy's ranks.

E. G. White: R & H Extra, Dec. 24, 1889.

WHEAT FLOUR PRIMER



Confused by all those different types of wheat flour sold in your favourite bulk barn or supermarket? Here's the scoop:

All purpose flour:

This is a blend of high-gluten hard wheat flour and low-gluten soft wheat flour. While the name implies that it can be used for all baking needs, it's best suited for quick breads, muffins, biscuits, cookies and pancakes.

Bleached or unbleached?:

Most bread recipes call for unbleached bread flour. When flour is freshly milled, it is slightly yellow. To whiten it, manufacturers either let the flour age naturally (causing it to whiten) or they add chemicals to speed up the process. Unbleached flour has a slightly off-white colour instead of the snow-white colour of bleached. Many bakers feel that unbleached flour has a richer flavour. There is no nutritional difference between the two.

Bread flour:

This is made entirely from hard wheat. The high gluten content helps bread rise quickly. Available in whole wheat.

Gluten flour:

This is made from hard wheat flour that has been treated to remove most of the starch, leaving a very high gluten content. It's used in breads that contain low-gluten flours (such as whole wheat or rye) and while it gives the bread a rising boost, these breads tend to dry out quickly.

Cake and pastry flour:

This is made from low-gluten, soft flour. It is finely textured and high in starch. All these properties make it the right flour to use for soft-textured baked goods like cakes and cookies, but not for yeast breads. Whole wheat pastry flour is also available. It is perfect for quick breads, muffins and cookies.

Whole wheat flour:

When wheat flour is roller-milled, the process separates the bran and the germ from the endosperm. To produce whole wheat flour, the three components actually have to be reconstituted. Whole wheat flour is light brown and if you look at it closely, you'll see minute brown flecks which are the bran and germ. It has a richer, nuttier taste than white flour but a shorter shelf-life. It's best to store it in the fridge or freezer.

Whole wheat flour is higher in fibre, vitamin E, protein, some B vitamins and trace minerals than enriched white flour.

Stone ground:

When whole wheat is stone ground it is crushed between two large, flat moving stones, so that the bran and germ remain. To produce stone-ground white flour, the bran and germ are extracted or sieved off after it has been ground. Stone ground flour tends to go rancid more quickly and should be stored in the fridge or freezer. Some bakers say it produces a sweeter bread than that created with roller-milled flours.



Montego Bay Church group



Brothers Joel Barnado and Lambert Hazelhoff



Sabbath meeting in Las Babas, Venezuela

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An aerial photograph of Niagara Falls, showing the turbulent green water of the rapids and the white foam of the falls. A road with a railing runs along the edge of the falls, and a boat is visible in the lower part of the image. A white rectangular box with a thin black border is centered in the middle of the image, containing text.

PROMISE YOURSELF

To be strong that nothing
Can disturb your peace of mind.
To talk health, happiness and prosperity
To every person you meet.
To make all your friends feel that
There is something in them.
To look at the funny side of every thing and
Make your optimism come true.
To think only the best, to work only for the
Best and expect only the best.
To be just as enthusiastic about the success of others
As you are about your own.
To forget the mistakes of the past and press on
To the achievements of the future.
To wear a cheerful countenance at all times
And give every living creature you meet a smile.
To give so much time to the improvement of yourself
That you have no time to criticise others.
To be too large for worry, too noble for anger, too
strong for
Fear,
And too happy to permit the presence of trouble.

By Virpi Heikkila