

*Canadian-Caribbean Union*



# *Messenger*

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*A Group of Canvassers in Streetsville*

# EDITORIAL

*"Give thanks unto the Lord, for He is good: for His mercy endureth forever."  
Psalms 107:1.*

*We have much reason to thank the Lord. His prospering hand has been over us. Editors of the Messenger are pleased that the subscriptions have doubled since the beginning. Our church paper has been sent to 13 different countries, including Australia, New Zealand, New Caledonia, Tahiti, Fiji and several European countries. Soon this may not be a Union Messenger anymore but a world wide publication. We have received very favourable comments from our readers. Also, more writers are contributing articles, which gives it more variety. The Messenger is the only monthly magazine that our church is printing. Lately it has increased to 24 pages from the previous 16 pages.*

*The branch Sabbath School is doing well in Streetsville. All who are participating regularly are very pleased with the progress. Especially the unity and missionary spirit are very noticeable among them, which are binding the members and visitors together. A recent canvassing effort was very encouraging. Even the little children participated. On the 18<sup>th</sup> of May, 20 people from the Streetsville Branch Sabbath School went to Niagara Falls. The purpose of this excursion was to bind members and visitors together socially. After spending the evening hours at George Radin's farm, we returned home at midnight.*

*Also, good news is that our young brother Roderick from Jamaica went to our mission school in Hungary. Let us pray for him that he may develop to be a missionary in our church. Also, soon Brother Timo Martin will be going to Mosbach, Germany again to audit the General Conference financial books before the delegates meetings in Holland.*

*I.M.S. Publishing is very thankful for all who have been helping in the printing lately. May God bless them for their sacrifice.*

*This work of the Reformation is on the solid foundation in this Union. Let us pray that the enemy will not have a foothold among us. We all need a personal reformation and this in return will revive the church and encourage all to go forward with new zeal and mountains can be moved. May the Lord bless all.*

*Amen.*

*The Editors.*

# SANCTIFICATION

## Part 6

### Sabbath, the Sign of Sanctification

"The Sabbath given to the world as the sign of God as the Creator is also the sign of Him as the Sanctifier. The power that created all things is the power that re-creates the soul in His own likeness. To those who keep holy the Sabbath day it is the sign of sanctification." Test. Vol. 6, p. 350.

Many do not see the importance of the Sabbath keeping as a medium of sanctification. Yet in the beginning, "God blessed the seventh day, and sanctified it." Gen. 2:3. Therefore keeping the Sabbath holy will have a sanctifying influence upon us. "Moreover also I gave them My Sabbaths, to be a sign between Me and them, that they might know that I am the Lord that sanctify them." Ezek. 20:12.

To prevent the sanctification of the professed Christians, Satan has invented a false sabbath, namely Sunday keeping which has been adopted by most of the Christian world. Then being without the sanctifying medium religion becomes only a dry form and a lip service which leads to self-righteousness. "Then the Sabbath is a sign of Christ's power to make us holy. And it is given to all whom Christ makes holy. As a sign of His sanctifying power, the Sabbath is given to all who through Christ becomes a part of the Israel of God." Desire of Ages, 288.

"And the Sabbath is the sign of obedience. He who from the heart obeys the fourth commandment will obey the whole law." Test. Vol. 6, p. 350. "Daily it will be their prayer that the sanctification of the Sabbath may rest upon them." Test. Vol. 6, p. 353. "They should upon that day especially interest their family in its observance and should gather with the few or many as the case may be and devote the time and energies in spiritual exercises, that the divine influence and sanctification resting upon the Sabbath may attend them through the week until another holy Sabbath comes around." Manuscript Releases #5, p.324.

From these quotations we learn that when the sanctification of the Sabbath which was placed upon it since creation rests on us then we will obey the whole law. Not only on the Sabbath day but the sanctification of the Sabbath will keep us faithful throughout the week.

The Sabbath teaches us many spiritual lessons:

1. It helps us to overcome covetousness. On Sabbath we do not work for profit.

"Circumstances will not justify anyone in working upon the Sabbath for the sake of worldly gain." Test. Vol. 4, p.251.

2. It helps us to overcome selfishness.

"If thou turn away thy foot from the Sabbath, from doing thy pleasure on My holy day;... nor speaking thine own words." Isa. 58:13. On Sabbath we put aside our business, our work, our worldly plans and cares.

3. As the memorial of creation, on Sabbath our minds turn to the Creator, the Maker of the heavens and the earth. This helps us to realize that all things belong to Him including ourselves.

4. On Sabbath we have a closer union with God.

"The Lord draws very nigh to His people on the day that He has blessed and sanctified." TM, p. 137.

5. On Sabbath we meet with other believers which encourage us to continue on the narrow pathway.

6. Sabbath services give us a blessing which we need in the battle against the tide of evil.

7. Sabbath keeping is an expression of love and loyalty to God and it deepens our relation with Him.

God is calling us to Sabbath reform. This is a work to be accomplished in the last days. Satan has removed this distinguishing sign from the professed Christians and given them the Mark of the Beast instead, the false sabbath.

Also, reform is needed among professed Sabbath keepers to keep the Sabbath holy. Sleeping on Sabbath more than on other days will take the blessing away from it. Speaking our own words will do the same. Also, we are to guard the edges of the Sabbath. Every minute of it is holy. Children must not be left alone on this day, but parents should spend time with them. If we learn to keep the Sabbath holy we will be sanctified and prepared for the company of the heavenly beings who have kept the Sabbath from eternity.



*Holy Sabbath day of rest,  
By our Master richly blest,  
God-created and divine,  
Set aside for holy time.*

*Yes, the holy Sabbath rest,  
By our God divinely blest,  
It to us a sign shall be  
Throughout all eternity.*

AMEN.



# A KNOWLEDGE OF EVIL...

## IS IT NECESSARY FOR THE YOUTH?

How tempting it is for our young people to see and seek out the fun and pleasures of this world, gaining a knowledge of good and evil. Once they are aware of all the worldly shows, movies, music . . . and various behaviours of worldly young people, they then feel smarter than some young Christian children who have been sheltered from the world. They feel 'street wise' and as if there is nothing that they will be surprised by. They may feel confident and even perhaps a bit proud of their worldly wisdom. But what have they really gained? They have gained the knowledge of the misery and the evil this world brings. Many times when it is too late they are aware that they have ruined their innocence; they are aware that they have weakened their souls and characters and have trapped themselves in Satan's snare. They will see that all the glamour of this world is temporary and only brings temporary excitement. Once they become familiar with evil it is no longer exciting. They may turn to grosser evils to find satisfaction, but in the end their path is cursed with only the knowledge of sorrow and destruction. What is sweeter and more precious than an innocent faith in God, trusting that His way is the best and avoiding the things of this world at all costs? Parents often feel that this knowledge is important but in reality they should protect their children's innocence and the young should try to keep away from the knowledge of this world; for the knowledge that Adam and Eve found was their guilt, sorrow and sadness from sinning, and eventually death. What is the benefit of acquiring a taste for something that will only kill you? To eat from the tree of Knowledge of Good and Evil is to eat poisonous fruit which will one day take your life for eternity.

Lynne Marttinen



*Sis. Rosario cooking a meal for volunteers at the print shop*

# ACCOUNTABILITY TO GOD

ELLEN G. WHITE

We are accountable to God for the wise improvement of every mental faculty and every physical power. Who can measure this responsibility? We must render an account for the influence which we exert. That which seems to us to be a small defect in our character will be reproduced in others in a greater degree, and thus the influence we have exerted for evil may be increased and perpetuated.

Let none venture to speak lightly of the cautions given by those whose duty it is to guard their moral and spiritual welfare. The words may seem to be of little consequence, producing only a momentary impression on the minds of the hearers. But this is not all. In many cases these words find a response in the unsanctified hearts of youth who have never submitted to caution or restraint. The influence of a thoughtless word may affect a soul's eternal destiny. Every person is exerting an influence upon the lives of others. We must be either as a light to brighten and cheer their path, or as a desolating tempest to destroy. We are either leading our associates upward to happiness and immortal life, or downward to sorrow and eternal ruin. No man will perish alone in his iniquity. However contracted may be one's sphere of influence, it is exerted either for good or for evil. One man upon his deathbed exclaimed: "Gather up my influence, and bury it with me." Could this be done? No, no; like the thistle seed it had been borne everywhere and had taken root and would yield an abundant harvest.

There are few who form evil habits deliberately. By frequent repetition of wrong acts, habits are formed unconsciously and become so firmly established that the most persistent effort is required to effect a change. We should never be slow in breaking up a sinful habit. Unless evil habits are conquered, they will conquer us and destroy our happiness. There are many poor creatures, now miserable, disappointed, and degraded, a curse to all around them, who might have been useful and happy men had they but improved their opportunities. Many youth waste the precious hours of life in idle daydreaming. Such persons have not much force of character or strength of principle. Many drift about, the sport of every changing circumstance. They are ever looking to others for sympathy, vainly depending upon others for happiness. All who pursue this course will wreck their hopes, both for this life and for the life to come.

Young persons who are thrown into one another's society may make their association a blessing or a curse. They may edify, bless, and strengthen one another, improving in deportment, in disposition, in knowledge; or, by permitting themselves to become careless and unfaithful, they may exert only a demoralizing influence.

Jesus will be the helper of all who put their trust in Him. Those who are connected with Christ have happiness at their command. They follow in the path where their Saviour leads, for His sake crucifying self with the affections and lusts. These persons have built their hopes on Christ, and the storms of earth are powerless to sweep them from the sure foundation.

It rests with yourselves, young men and women, whether you will become persons of trust, of integrity and real usefulness. You should be ready and resolute to take your stand for the right, under all circumstances. Our wrong habits cannot be taken to heaven

with us, and unless overcome here, they will shut us out of the abode of the righteous. Bad habits, when opposed, will offer the most vigorous resistance; but if the warfare is kept up with energy and perseverance, they may be conquered.

In order to form correct habits, we should seek the company of persons of sound moral and religious influence. We should constantly bear in mind that we may be fitting to inhabit the heavenly courts. The precious hours of probation are granted that we may remove every defect from the character; and we should seek to do this, not only that we may obtain the future life, but that we may be useful here. Young men and women should regard a good character as a capital of more value than gold or silver or stocks. It will be unaffected by panics and failures, and will bring rich returns when earthly possessions shall be swept away. The youth need a higher, nobler view of the value of Christian character. Sin blinds the eyes and defiles the heart. Integrity, firmness, and perseverance are qualities which all should seek earnestly to cultivate; for they clothe the possessor with a power which is irresistible, a power which makes him strong to do good, strong to resist evil, strong to bear adversity. It is here that true excellence of character shines forth with the greatest lustre.

Strength of character consists of two things - power of will and power of self-control. Many youth mistake strong, uncontrolled passion for strength of character; but the truth is that he who is mastered by his passions is a weak man. The real greatness and nobility of the man is measured by the power of the feelings that he subdues, not by the power of the feelings that subdue him. The strongest man is he, who, while sensitive to abuse, will yet restrain passion and forgive his enemies. Such men are true heroes.

Many have such meager ideas of what they may become that they will ever remain dwarfed and narrow, when, if they would improve the powers which God has given them, they might develop a noble character and exert an influence that would win souls to Christ. Knowledge is power; but intellectual ability, without goodness of heart, is a power for evil.

God has given us our intellectual and moral powers, but to a great extent every person is the architect of his own character. Every day the structure is going up. The word of God warns us to take heed how we build, to see that our building is founded upon the eternal Rock. The time is coming when our work will stand revealed just as it is. Now is the time for all to cultivate the powers which God has given them, that they may form characters for usefulness here and for a higher life hereafter.

Every act of life, however unimportant, has its influence in forming the character. A good character is more precious than worldly possession, and the work of forming it is the noblest in which men can engage.

Characters formed by circumstance are changeable and discordant - a mass of contraries. Their possessors have no high aim or purpose in life. They have no ennobling influence upon the characters of others. They are purposeless and powerless.

The little span of life allotted us here should be wisely improved. God would have His church a living devoted, working church. . . . God calls for strong, brave souls, for active, living Christians, who are following the true Pattern, and who will exert a decided influence for God and the right. The Lord has committed to us, as a sacred trust, most important and solemn truths, and we should show their influence upon our lives and characters. *Testimonies for the Church, Volume 4, pp. 654-657*

# CONFIDENCE IN DEATH

*"One may live as a conqueror, or a king, or a magistrate, but he must die a man. The bed of death brings every human being to his own individuality, to the intense contemplation of that deepest and most solemn of all relations, the relation between the creature and his Creator."*  
Webster

*Two men were talking together one day in their summer-house but the sea. There was a severe storm going on and the sea was greatly agitated by the wind. One of them was wondering at the folly and rashness of men who would expose themselves to the merciless elements and work on ships, exposing themselves to shipwrecks. His friend commented that we every night go to bed without any fear and yet this is where many die every hour. Believe me, death will find us in all parts: and those places that appear the least exposed are not always the most secure from his attacks.*

**Death** has troubled many people from the beginning of time. Satan, upon realizing that he would eventually die, was filled with terror at the thought, but he had gone too far and was too proud to repent. From that time he has created a very deceptive lie concerning this event so that man would not be led to God through fear of death. If more people understood the true nature of death, **with** a judgment to follow, they would consider more carefully their standing before God. Many rather choose to believe the popular theory of 'life after death for everyone' "; "Ye shall not surely die." This leads to carelessness on the part of many. It is an easier road to travel because their future life is secure without much effort or change on their part.

Almost all people have thought of death at one point in their lives or another. Some have thought of it more than others. Many people have feared death, but with that popular theory circulating in the Christian world today that, "you do not really die at death but go on living in another form," why is there the great fear of death? Ask any person who has been in a near death situation if they felt fear. Do not many cry out to God to save them?

Recently my husband attended a funeral with a friend. The poor young man who died had died from a drug overdose. The Protestant preacher proceeded to tell of the short history of the man's life. He concluded his talk with comforting words to his relatives. This man, he told them, is peacefully with Jesus in heaven. How sad. How very sad that people would believe this. What motivation would there be to live a righteous life if this were true? Why did Jesus have to die if this were true? If it is really true that all would go immediately to heaven then why are people afraid to die? Is it that they really don't believe this deep down in their hearts? This is an unfortunate fallacy and sadly many people are deceived. We see many young people commit suicide because they see no future on this planet. They have been told to expect something better after death. Many cults also have deceived their followers, like the recent case in Southern California where 39 people committed suicide. Their leader told them they were going to a new place, and this recent sighting of the comet in the sky was the sign for them to leave, but they had to have the courage to shed this earthly body. What a shock they are in for when they wake up on the resurrection morning to meet their Maker.



Yet they will not be without excuse. At some point in their lives they rejected the call of Jesus and chose to put their confidence in man. Many religious leaders will have to bear an extra burden of guilt for the deception that they have told to their followers.

How do you, dear reader feel about the concept of death? Are you afraid of it? If so, you must re-examine your faith. Although our life should not be burdened down with the thought of death, we must be aware of its reality. It could happen at any time and are we ready to meet the Lord before His white judgment throne? We have been blessed with a true knowledge of the state of the dead as revealed in the Word of God, but we also know that there is a judgment to face. Not everyone who names the name of Christ will be saved, only those who do the will of the Father in Heaven. "Many will say to me in that day, Lord, Lord, have we not prophesied in thy name? and in thy name have cast out devils? and in thy name done many wonderful works? And Then will I profess unto them, I never knew you: depart from me, ye that work iniquity." Matthew 7:22, 23

Will you be able to face death with confidence like the three Hebrew worthies in Babylon and the countless martyrs who gave their lives for the truth at the stake? We, perhaps, may think that we still have plenty of time, maybe years of life to live, and don't give this a second thought for now. If we have studied carefully the prophecies in the Scriptures we shall recognize that the signs of the times that tell us the coming of Jesus is very near. We must not delay the preparation because we are not guaranteed of a tomorrow. If we do have another day it is a gift of God. "While it is said, To day if ye will hear his voice, harden not your hearts, as in the provocation." Hebrews 3:15 We may face some unfortunate circumstance that will shorten our lives on this earth. Ellen G. White says that we must live each day as though it were our last. What would you do in preparation if this day was truly your last? It is something to consider. Also, Martin Luther said when a person faithfully stands for the truth of God's word he must expect death at every corner. "Yea, and all that live godly in Christ Jesus shall suffer persecution." 2 Timothy 3:12

Life is a gift from God. He has given us His breath of life and He can take it back anytime He chooses. "It is of the Lord's mercies that we are not consumed, because his compassions fail not. They are new every morning: great is thy faithfulness." Lamentations 3:22,23 How much we should thank God for life and health and strength, and do all with our ability and talents to glorify His name on this earth, before men? As we truly stand in praise of our Maker the thought of death will not cause us to tremble. "O death, where is thy sting? O grave, where is thy victory?" 1 Corinthians 15:56. The sting of death will be gone when we live according to the will of God.

Soon a time will come when we will have to stand firm for the truth perhaps at the peril of our lives. We must have confidence in our loving Father that, if we are faithful through all the trials, we will have no fear in the first death but will be looking forward to the glorious resurrection morning. We can say like the Apostle Paul did when he reached the end of his life; "I have fought the good fight, I have finished my course, I have kept the faith: Henceforth there is laid up for me a crown of righteousness, which the Lord, the righteous judge, shall give me at that day: and not to me only, but unto all them also that love his appearing." 2 Timothy 4:7,8 Amen.

Wendy Eaton

# "RIGHTLY DIVIDING THE WORD OF TRUTH"

By Ian Grant, Montreal

A woman and her small child were travelling home by train late one afternoon as a terrible blizzard struck, making the progress of the train more and more difficult. Among the passengers was a man who saw the woman's fear as she looked through the window trying to find her destination through the deepening darkness. He said to her, "Do not worry, I know the road well, and will tell you when you come to your station." In due course the train stopped at the station before the one at which the woman wanted to get off. "The next station will be yours, Madam," said the gentleman. In a few minutes the train stopped again. "Now is your time, Madam. Get out quickly," he said. The woman took her small child and, thanking the man, left the train. At the next stop the brakesman called out the name of the station where the woman had wanted to get off. "You've already stopped at that station," called the man. "No sir," he replied, "Something was wrong with the engine and we stopped for a few moments to repair it." "Alas," cried the man, "I put that woman off in the storm when the train stopped between the stations." Some time later, they found the woman with the child in her arms. Both were frozen to death. It was the terrible and tragic consequence of wrong directions given.

Today, we find the very same thing happening. Many souls are mis-directed by false prophets, people who call themselves teachers of the word. Jesus gave a three-fold warning in Matthew 24 in respect to false prophets. He said that they would be so persuasive that if it were possible they would deceive the very elect. The apostle Paul, in his counsel to young Timothy, told him that he should make certain to rightly divide the Word of truth. He warned him that "the time will come when they will not endure sound doctrine; but after their own lusts shall heap to themselves teachers, having itching ears; And they shall turn away their ears from the truth, and shall be turned unto fables." 2 Timothy 4:3,4. Paul advised him what to do when faced with this situation, "Neither give heed to fables and endless genealogies, which minister questions, rather than godly edifying which is in faith: *so do.*" 1 Timothy 1:4

Have you ever been mis-directed? Most of us have been at some point in our lives. This can only be done by someone who, we believe, knows the way. Is there a way that we can be 100% sure? Is it possible that we can have full confidence in the direction we are heading, that we will end up at the right station? Yes, it is, but we must follow the correct Biblical principles in order that we may reach the right place in our Christian experience without being disappointed.

## PRINCIPLES OF BIBLICAL INTERPRETATION

### **1) We must trust the Bible completely from cover to cover, because it is inspired.**

"All scripture is given by inspiration of God, and is profitable for doctrine, for reproof, for correction, for instruction in righteousness: that the man of God may be perfect thoroughly furnished to good works." 2 Timothy 3:16, 17.

### **2) Spiritual things are spiritually discerned.**

"But the natural man receiveth not the things of the spirit of God: for they are foolishness unto him: neither can he know them, because they are spiritually discerned." 1 Cor. 2:14 "For what man knoweth the things of man, save the spirit of man that is in him? even so the things of God knoweth no man, but the Spirit of God." 1 Cor.2:11 "But God hath revealed them unto us by his Spirit: for the Spirit searcheth all things, yea, the deep things of God." 1 Cor. 2:10 "Howbeit when he, the Spirit of truth, is come, he will guide you into all truth: for he shall not speak of himself; but whatsoever he shall bear, that shall he speak: and he will shew you things to come." John 16:13 The Holy Spirit did not just inspire the Bible but He will also reveal its meaning to us.

### **3) We should always go to God for wisdom**

"Open thou mine eyes, that I may behold wondrous things out of thy law." Psalm 119:18.  
"Then opened he their understanding, that they might understand the scriptures." Luke 24:45.

### **4) No prophecy is of private interpretation**

"Knowing this first, that no prophecy of the scripture is of any private interpretation. For the prophecy came not in old time by the will of man: but holy men of God spake as they were moved by the Holy Ghost." 1 Peter 1:20, 21.

### **5) We must accept His word by faith**

"While God has given ample evidence for faith, He will never remove all excuse for unbelief. All who look for hooks to hang their doubts upon will find them. And those who refuse to accept and obey God's word until every objection has been removed, and there is no longer an opportunity for doubt, will never come to the light." *Great Controversy*, P. 527

### **6) Harmonizing Scriptures**

A very good way to rightly divide the Word of Truth is to put all the Scriptures dealing with the same theme together, and studying the subject thoroughly. "For precept must be upon precept, precept upon precept; line upon line, line upon line; here a little, and there a little." Isaiah 28:10.

### **7) How to seek for interpretation**

**a) Search within the verse:** "And take the helmet of salvation, and the sword of the spirit, which is the word of God:" Ephesians 6:17. This verse interprets itself. The sword of the spirit is the Word of God.

**b) Search the context:** If the verse given does not contain the interpretation then search the context. In the parable of Matthew 13 verses 24 through 40, the good seed mentioned in verse 24 is interpreted in verse 38--"the good seed are the children of the kingdom." Care should be taken that the contexts are the same when similar expressions in the Bible are being interpreted. For example: "the good seed" also has been used to represent the Word of God. "Now the parable is this, the seed is the Word of God." Luke 8:11. Also the kingdom of God is also represented as a seed. "And he said, Whereunto shall we liken the kingdom of God? or with what comparison shall we compare it? It is like a grain of mustard seed," Mark 4:30, 31. "And Jesus said unto them, Because of your unbelief: for verily I say unto you. If ye have faith as a grain of mustard seed, ye shall say unto this mountain, Remove hence to yonder place; and it shall remove; and nothing shall be impossible unto you." Matthew 17:20.

In each of these cases the good seed refers to something different and for correctness of Biblical interpretation, we should look either in the verse or in the entire context.

**c) Search the whole Bible:** There are times when the interpretation cannot be found in the verse or that particular context. So we must "search the scriptures; for in them ye think ye have eternal life: and they are they which testify of me." John 5:39. "And beginning at Moses and all the prophets, he expounded unto them in all the scriptures the things concerning himself." Luke 24:27 "And he said unto them, These are the words which I spake unto you, while I was yet with you, that all things must be fulfilled, which were written in the law of Moses, and in the prophets, and in the psalms, concerning me. Then opened he their understanding, that they might understand the scriptures." Luke 24:44,45 "These were more noble than those in Thessalonica, in that they received the word with all readiness of mind, and searched the scriptures daily, whether those things were so." Acts 17:11. For example:

For us not to be mis-directed we must follow these principles of Biblical interpretation carefully if we want to arrive at the correct destination. The Bible never contradicts itself. Its author is One who cannot lie. He can never make a mistake so any apparent contradictions are due to incorrect interpretations, either by yourself or your spiritual teacher.

Sometimes we may have to search over and over again before we find the correct interpretation. "And even after going through the whole Bible it is possible that you still might not see or get your question answered. Have you ever tried to find something in your own house that you are certain is somewhere but just couldn't find it? A friend of mine recently had such an experience. She just couldn't find her passport. She

searched the house from top to bottom. Every possible place was checked thoroughly but the passport could not be found. After hours of searching she became tired and frustrated. Not knowing where else to look, she then went on her knees in prayer. Leaving the situation, she went to bed in peace and the next morning she found it quite easily. Leaving the situation in God's hand. Likewise, we must sincerely go to God in prayer, saying; "O send out thy light and thy truth: let them lead me: let them bring me unto thy holy hill, and to thy tabernacles." " Shew me thy ways, O LORD; teach me thy paths. Lead me in thy truth, and teach me: for thou art the God of my salvation; on thee do I wait all the day." Psalm 43:3, 25:3,4. It is His good pleasure to help us rightly divide the word of truth. He will certainly answer the prayer of the sincere seeker to be led into all truth.

Let us take a passage which many have stumbled over and made shipwreck of their faith because they failed to rightly divide the word of truth. In Colossians 2:16, we read "Let no man therefore judge you in meat, or in drink, or in respect of an holy day, or of the new moon, or of the sabbath *days*:" This text has been misunderstood by many Christians. It has been frequently used by religious teachers to support the doctrine of: eat what you want, drink what your thirst so desires, and worship how and on whichever day you please. They teach that this has nothing to do with your relationship with God.

To the Sadducees Jesus said, "Ye do err, not knowing the scriptures, nor the power of God." Matthew 22:29. The apostle Peter commenting on one of Paul's epistles says, "As also in all his epistles, speaking in them of these things; in which are some things hard to be understood, which they that are unlearned and unstable wrest, as they do also the other scriptures, unto their own destruction. Ye therefore, beloved, seeing ye know these things before, beware lest ye also, being led away with the error of the wicked, fall from your own stedfastness." 2 Peter 3:16, 17.

We must be careful of the source of our advice, especially when it involves making major decisions. Many people have lost their lives only because they were mis-directed. Not too long ago a sister in Christ was driving her car on the freeway when the motor suddenly died. She had a tow truck tow her to a reputable car dealer. They inspected the car and reported their findings. They told her that she needed a new motor which would cost her thousands of dollars. The poor sister did not have this money. It so happened that she mentioned it to a brother in Christ who had a look at the car. It was discovered that the car only needed an alternator and a drive belt which totalled to \$311.42 and the car was functioning again. If she had taken the car dealer's advice she would have lost thousands of dollars. Sometimes we trust our cars to reputable car dealers only to have them take advantage of us to support their financial welfare. It is possible also to trust our eternal salvation to reputable Bible teachers only to have them mis-direct us. This is a tragedy far worse than losing even millions of dollars. Jesus knew very well the true value of a soul when He asked, "For what is a man profited, if he shall gain the whole world, and lose his own soul? or what shall a man give in exchange for his soul?" Matthew 16:26. He was the One who paid an infinite price to buy us back from the shame-pit of pain and guilt, to a life of peace and pardon. My dear friend please be very careful with your soul. It is priceless. "Study to shew thyself approved unto God, a workman that needeth not to be ashamed, rightly dividing the word of truth." 2 Timothy 2:15. The Bible must be its own interpreter. Let us remember again the noble Bereans in Acts 17:11 that I mentioned above, instead of just accepting the teacher's word as the correct interpretation.

We shall closely examine the verse of Colossians 2:16 by using the above Principles of Biblical Interpretation. First, if we search the verse to see if it interprets itself, we find that it does not. Next we will search the verses below and above verse 16. We will certainly find some helpful information in verses 14 and 17. There are at least 3 things that we should take note of:

- 1) blotting out the handwriting of ordinances which was **contrary** to us.
- 2) nailing it to his cross.
- 3) which are a shadow of things to come.

Let us harmonize the above scriptures by using Hebrews 10, which sheds more light on the subject. "For the law having a shadow of good things to come, and not the very image of the things, **can never with those sacrifices which they offered year by year continually make the comers thereunto perfect.** For

then would they not have ceased to be offered? because that the worshippers once purged should have had no more conscience of sins. But in those sacrifices there is a remembrance again made of sins every year. **For it is not possible that the blood of bulls and of goats should take away sins.**" Hebrews 10:1-4

"In burnt offerings and sacrifices for sin thou hast had no pleasure. Then said I, Lo, I come (in the volume of the book it is written of me,) to do thy will, O God. Above when he said, Sacrifice and offering and burnt offerings and offering for sin and thou wouldest not, neither hadst pleasure therein; which are offered by the law; Then said he, Lo, I come to do thy will, O God. **He taketh away the first, that he may establish the second. By the which will we are sanctified through the offering of the body of Jesus Christ once for all.**" Hebrews 10:6-10

"For the law having a shadow of good things to come..." Hebrews 10:1

So we see Hebrews 10 sheds light on Colossians 2:16 telling us that it has to do with the law of shadows with animal sacrifices. Ezekiel 45:17 uses the same expression in the exact order as Colossians 2:16,17 and connects it with the ceremonial systems of feasts and sacrifices. "And it shall be the prince's part to give **burnt offerings**, and **meat offerings**, and **drink offerings**, in the feasts, and in the **new moons**, and in the **sabbaths**, in all solemnities of the house of Israel: he shall prepare the sin offering, and the meat offering, and the burnt offering, and the peace offerings, **to make reconciliation for the house of Israel.**" It is very interesting to note also that Leviticus 23:3 discusses the seventh day Sabbath and Leviticus 23:5-32 discusses the ceremonial sabbaths. "Six days shall work be done: but the seventh day is the sabbath of rest, an holy convocation; ye shall do no work therein: it is the sabbath of the LORD in all your dwellings." Lev. 23:3. In Leviticus 23 we see the ceremonial feasts in: verse 5-Passover, verse 6-Unleavened Bread, verse 10-wave sheaf, verse 17-first fruits, verse 24-Trumpets, verses 27-32-Day of Atonement. The Day of Atonement and the feast of Trumpets in verse 24 and 32 were called sabbaths. These events were designed by God to be shadows to the coming Messiah.

When Christ died on the cross, the shadowy sabbaths along with the meat offerings and drink offerings found their fulfillment in Him, but the seventh day Sabbath continues to lead us back to the Creator who made us and therefore is everlasting. "For as the new heavens and the new earth, which I will make, shall remain before me, saith the LORD, so shall your seed and your name remain." Isaiah 65: 22. "Moreover also I gave them my sabbaths, to be a sign between me and them, that they might know that I am the LORD that sanctify them. . . . And hallow my sabbaths; and they shall be a sign between me and you, that ye may know that I am the LORD your God." Ezekiel 20:12, 20.

Friend, as the winds of doctrine blow, may we diligently follow the correct principles of Biblical interpretation, so that we be not mis-directed and lost in the cold, dark blizzard of sin and shame. May we, with the Psalmist, the Preacher, and the apostle Paul say: "The entrance of thy words giveth light: it giveth understanding unto the simple." Psalm 119:130 "Who is a wise man? and who knoweth the interpretation of a thing? a man's wisdom maketh his face to shine, and the boldness of his face shall be changed." Eccl. 8:1. "For God, who commanded the light to shine out of darkness, hath shined in our hearts, to give the light of knowledge of the glory of God in the face of Jesus Christ." 2 Cor. 4:6.

AMEN

## PLEASE NOTE

New address for church's web page:

<http://www.geocities.com/HotSprings/Spa/1270/ims.html>

# WHERE THERE'S A WILL THERE'S A WAY

"It was a summer afternoon; the wheelbarrow stood before Mrs. Robin's door. The street was empty of all traffic, for the heat was intense. I sauntered languidly along on the shady side opposite the widow's house, and noticed her boy bringing out some linen in baskets to put on the wheelbarrow. I was surprised at the size of the baskets he was lugging along the passage and lifting on to the wheelbarrow, and paused to look at him. He pulled, and dragged, and then resting a moment began again, and in the silence of the street, I heard him saying something to himself. I half crossed the road. He was too busy to notice me, and then, in a pause of his toil, I heard him gasp out, "With a will, Joe." He was encouraging himself to a further effort with these words. At last, bringing the large basket to the curbstone, he ran in and got a piece of smooth wood as a lever; resting one end of the basket on the wheelbarrow, he heaved up the other end, and saying a little louder than before, "With a will, Joe," the basket was mounted on to the wheelbarrow.

As he rested, and looked proudly at his successful effort, he saw me, and his round, red face, covered with perspiration, became scarlet for a moment, as I said, "That's a brave boy." The mother's voice sounded in the passage, "I'm coming, Joe," and out she came as the child, pointing to the basket, said, "I've managed it, mother." It was a pretty sight, the looks of the widow and her willing boy. Though no further word was spoken, the sense of satisfaction on each face was very plain, and I have no doubt in each heart there was a throb of pleasure that words have no language for.

I went on my way, but the saying, "With a will, Joe," went with me. How much there was in that simple phrase, "With a will!" How different is our work according as we do it with or against our will. This little fellow might have cried or murmured, or left his mother to do the work, and been dissatisfied with himself, and a source of discontent to his mother, but he has spurred himself on to toil and duty, with his words, powerful in their simplicity - "With a will, Joe."

Often since have I recalled the scene and the saying. When some young lady complains to me, "I have no time to give to doing good. I've visits to make, and shopping to do, and embroidery to finish, how can I help the poor when I'm so pressed for time?" I am apt to say mentally, "How different it would be with her, if she had ever said to herself, 'With a will.'"

Yes, with a will we can do almost anything that ought to be done; and without a will we can do nothing as it should be done. To all of us, whatever our station, there come difficulties and trials. If we yield to them we are beaten down and conquered. But if we, ourselves, conquer the temptation to do wrong, calling the strength of God to aid us in our struggle with the enemy, we shall grow stronger and more valiant with every battle, and less liable to again fall into temptation. Our wisdom and our duty are to rouse ourselves, - to speak to our own hearts as the child did in his simple words, "With a will, Joe." When there is any wrong thing that we want to do, our will then is strong enough. The *Evil One* comes with temptation, and helps us to our ruin, with his strength.

The times when we flag are when we want to do right. "When I would do good, evil is present with me," was the testimony of the apostle of the Gentiles, and it is the experience of all, unless they go to Him who can make our wills obedient to His will. Our prayer should be, "Create in me a clean heart, O God, and renew a right spirit [will] within me." Taken from *Choice Readings for the Home Circle*

***"I can do all things through Christ which strengtheneth me." Philippians 4:13***

The Lord often asks of His people seemingly difficult duties; duties that have had the person wondering if it really was God's will. They have felt themselves so insufficient and so incapable that perhaps there was a mistake. I am sure that Abraham was wondering a little when God asked him to sacrifice his only son, the son of promise. We also read about Moses wavering at the burning bush, coming up with all kinds of excuses. "The people won't listen to me"; "Who am I that I should go before Pharaoh?"; And then, "I can't speak the language." Of course God had an answer for every excuse, "And the LORD said unto him, who hath made a man's mouth? . . . have not I the LORD? Now therefore go, and I will be with thy mouth, and teach thee what thou shalt say." Exodus 4:11,12. Then we read of Jeremiah, "Ah Lord GOD! behold, I cannot speak: for I am a child. But the LORD said unto me, Say not, I am a child: for thus shalt go to all that I shall send thee, and whatsoever I command thee thou shalt speak." Jeremiah 1:6,7 And of course there are many more examples throughout the Bible. What we see in these men though is that once their fear left them and they were sure that God would be with them, they worked zealously for their Master. They worked with a will.

Often the Lord will put duties and responsibilities before us that we feel that we are incapable of carrying out, but what did Jesus say? "Take my yoke upon you, and learn of me . . . For my yoke is easy, and my burden is light." Matthew 11:28,29 Jesus did not say "I will take your cross from you and carry it." No, He said that "If any man will come after me, let him deny himself, and take up his cross, and follow me." Matthew 16:24 Though the cross may be heavy, the work burdensome, He tells us not to lay down the cross, but rather He invites us to yoke up with Him. When two oxen are yoked up together they pull the weight together and share the work. Together they can do more efficient work than alone. This is what He wants to do with us. He wants us to yoke up with Him; to share the burden. He never promised to take the cross away. So if the Lord puts a duty before you and you feel that you cannot do it, don't start making excuses as did some the prophets of old at first. Although they repented of their unbelief it would have been better had they never uttered any doubt in God's leading. But they were men "subject to like passions as we are." James 5:17 If you find yourself making excuses as to why you cannot fulfill the duty that the Lord has placed before you perhaps you have lost your connection [yoke] to Jesus. If you feel overwhelmed by the responsibility before you - don't seek to unload your duties. Never are we instructed to lay down our cross. Then it is time to re-examine your relationship with Jesus. This is where the real problem lies. We will surely lose the blessing that God has intended through these responsibilities if we lay them down. Often you will be more blessed than the ones you minister to.

Jesus was the happiest man on earth and He went about doing so much good, yet He never complained that He was tired or too worn out to meet the people. He often spent whole nights in prayer and the first thing in the morning the people were there seeking for Him. They were seeking for a blessing from Him and He did not turn them away saying that He was too tired today. When He took His disciples apart to rest awhile and the crowds came looking for Him, He did not shun them or ignore them and turn them away because this was His resting time. On the contrary, although His rest was interrupted; though He was robbed of His rest, He was not impatient. "He saw a greater necessity as He watched the people coming and still coming. He was moved with compassion toward them because they were as sheep without a shepherd. Leaving His retreat, He found a convenient place where He could minister to them." *Desire of Ages*, p. 364. Jesus had a will to do His Father's will. We too must have a will. Jesus is our perfect example. He did not have any advantage over us. We have the same opportunities, the same power and grace from our Father in Heaven to fulfill the duties before us. We must connect with that power; yoke up to it. It is when we are *not* connected to that power that life's burdens become unbearable.

So, if we have spiritual responsibilities and they seem overwhelming, then it is time to locate the true source of the problem. It is not time to lay down these responsibilities and give them up to someone else. It is time to find out where we have severed our connection with the Power Source and to re-connect it. It is time to turn back and yoke up with the Lord. We can't carry these duties on in our own strength. Often responsibilities are laid on our shoulders for the sole purpose of keeping the connection with Jesus alive. If we have no duties or responsibilities then there is the temptation to sit back and watch the church go on and with no burdens ourselves. We do not feel our need to ask help from on high. It is when we have duties that we come and weep at the feet of Jesus asking for His help. The connection is kept alive.

Jesus did not choose the most learned men of the nation to lead His church when He went back to Heaven because they thought themselves good enough on their own and did not feel the need of His help. He chose the humble fishermen who saw their insufficiencies and came humbly to the call of duty, realizing there was nothing in themselves, but it was all the work of Jesus.

So today, He can't use people who *think* they are good; who *think* they are the best suited for a certain position and that no one else is capable of filling that position. "Wherefore let him that thinketh he standeth take heed lest he fall." 1 Corinthians 10:12. The work of God is not dependent on any man, although the best men He chooses for His work are those who are small in their own eyes. They are the ones who will come to Him at every turn. They do not trust in their own ability or talents. And most importantly, as we see from the disciples in the early church, against all the opposition and persecution from the Sanhedrin, they did not give up; they had a will to work in the cause of God. They humbly did the work that the Lord placed before them because they knew that the Lord was with them. They trusted that He would lead them and strengthen them for their duty, and He did not disappoint them.

We are now living so close to the end of time and it is *now* that we all must be seeking to take on more responsibility for the Lord in preparation for this great event. It is not time to lay down our spiritual 'weapons of warfare' and give them to others. We must all fight the good fight of faith, and have the will to do our Father's will. Where there is a will there *is* a way. Amen.

Wendy Eaton



*Br. Andrade with Br. & Sis. Hecquet from New Caledonia and Sis. Beverly from New Zealand in front of the church in Sydney, Australia*



## A Macedonian Call ...From the South Pacific



When our friend, Frances Chute, moved away from Vancouver, after taking her stand with God's church in 1989, we followed her with much prayer. We were very glad to hear that the Lord had blessed her efforts to share the light with three precious souls who also took their stand with God's people. Unfortunately, the accuser of the brethren got busy recently so that two of the souls became confused and troubled. We corresponded with Sister Frances and tried to share true reformation material with her and the others. Due to the intensity of personal accusation it still didn't seem to be enough for the confused souls.

I was very happy to get a phone call from the President of the General Conference, Brother Henry Andrade requesting me to visit Fiji and the rest of the South Pacific Field.

I left for Australia on April 1st and was met at the Sydney airport by Br. Gabriel Andrade, (Br. Henry's son) our worker in the South Pacific Field. The first Sabbath we spent in the Sydney church, our oldest and most established church in the South Pacific. From Sydney, many souls have moved out to be lights in their own areas around Australia. We had a blessed Lord's Supper service and discussion about how to foster more missionary work in the local church. Br. Gabriel and I went out house-to-house Sabbath afternoon and made some intense experiences in uplifting the three angel's messages. After Sabbath, Br. Gabriel and I began to set in motion our plan to visit all the precious souls in Australia, a huge country. First we visited Melbourne in the south and had blessed fellowship with Sisters Lillian Svich and Angela Nuovo. We came back to Sydney for only one night and then it was off to Queensland, where two precious souls live. Sister Anna Smith and Brother Vlasic Lavruk shared their testimony about how the Lord's hand miraculously delivered them from certain death in the recent war in the former Yugoslavia. This testimony gladdened us that the Lord was merciful to them in such a gracious manner. They are now elderly and infirm but still a light for the Reformation and blessing to many in their city. Then we went on the Lowood to visit the Dammasch family. This family has been faithful for many years and is now home-schooling their two younger children. They expressed a real desire to attend a North American conference sometime and wondered how they could keep more in touch with conference news in our church. I suggested they subscribe to the Canadian-Caribbean Union Messenger which will include all the conference news from North America, Europe and as we are informed, from the South Pacific.

We next arrived in Woolgoolga, to the home of Br. and Sr. Altwein. The Altwein's have been with God's church through many ups and downs over the years and are an inspiration to many. We had Sabbath School and the Service in their home. We were approximately 20 souls together on Sabbath-mostly regular visitors. Sabbath night, Br. Gabriel and I went on to Port Macquarrie. Sister Jenny Nalder lives there with her family and has a

ministry doing reflexology massage. Through this ministry she meets many people and they all hear the gospel message. We visited one of her independent Adventist friends that is thinking very seriously about Reformation and appealed to this sincere soul to stand by faith with God's people that are uplifting all of the commandments of the Lord. The church has much potential for growth in this area of Australia; please pray for the earnest and sincere to stand for truth and righteousness.

From Port Macquarrie we went on Cooronbong, the famous town where Sister White lived for so many years when she was in Australia. At the Adventist Rest Home there, dear Br. Williams is a light for Reformation and testimony to the fact that the "pure doctrines of heaven are unfolding within the borders of God's church." Br. Williams is infirm in body, but his mind is very clear, so he can uplift the downtrodden law to many Adventists who visit and work there at the Rest Home.

And then it was time to bid good-bye to Australia and hello to New Caledonia. Br. Jean-Claude Hecquet and his family live outside Noumea, the capital city. They bear a powerful testimony of being with the psuedo-reform for years, but since they were never satisfied that it was God's church due to the attitudes and actions of members and leaders, they searched out True Reformation and found God's people. It was truly wondrous to hear the story of how God's hand led them through so many difficulties to His True Remnant people. We had public meetings while I was there which hopefully will serve to strengthen and galvanize God's people in health, happiness and work for others.

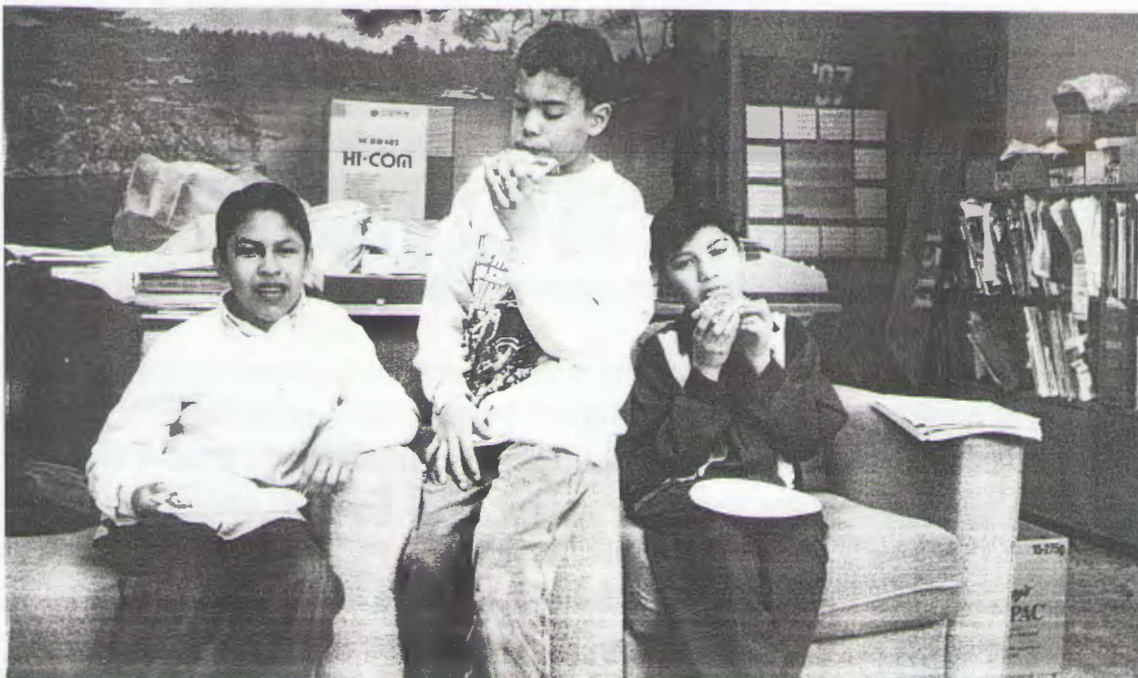
From the tropical country of New Caledonia, my climate changed quite a bit to the cool of fall in Christ Church, on the East side of New Zealand's south island. Br. Michael Brewer and two of the other believers met me at the airport. I was very happy to learn that one of these souls wanted to be accepted as a member of God's church and that there was another soul who wanted to be baptized. Both of these souls, Br. Ernie Gale and Br. Peter Palmer bore similar testimonies of how they had been in the confusion of independent Adventism for years until God impressed upon their hearts that His people who are worshipping Him in spirit and truth were the International Missionary Society. We had a beautiful baptism, acceptance ceremony and Lord's supper together-all one afternoon and evening. Though our church family there is small I was shown much large-heartedness by all of the believers there and we had blessed and encouraging talks about the nearness of Christ's second coming and future of God's work.

The time had come for me to bid good-bye to the believers in New Zealand and finally say hello to Sr. Frances and her sister, Sr. Kitty Komaitai in Fiji. Here, as in all of the rest of the South Pacific, the church is in dire need of a full-time missionary to canvass, give Bible studies and evangelistic meetings and work with all of the interested ones. We have had much contact with all of the independent Adventist groups over the years, but still the faith to stand with God's remnant people is lacking. Sr. Frances' husband is not of our faith but recently the Lord has touched his heart and he has permitted us to meet on the Sabbath in his home. Please pray for dear Srs. Frances and Kitty, that they may be strong in truth, righteousness and their desire to save others.

After 5 days in Fiji, it was on to my last stop in the South Pacific, Tahiti. Even though I arrived at 2:30 in the morning, every one of the believers showed up at the airport to greet me with stringed flowers, smiles and warm Christian friendship. I stayed with Br. Arturo Tapa, who has been confined to a wheel-chair for the last 5 years, unable to walk. Even though he said the Doctors don't know what is wrong with his legs, the Lord impressed my heart that natural remedies could help him. So we started some simple massage and diet therapy. Within two days his legs had gone down in their swelling at least 25% and he started to get feeling back in them. Please pray for Br. Arturo and the other believers there who all have a heart to do missionary work, that they may overcome the enemy's stumbling blocks' and actively reach out. Br. Arturo and his wife, Sr. Mercedes and Br. and Sr. Tiari all came from the psuedo-reform which began in 1951. Br. Arturo's house was destroyed by one of the members in this psuedo-reform but they refused to retaliate in any way. And the Lord blessed them with a house to live in which one of their relatives gave for their use. Thank the Lord for their blessings and the fact that they want to be a blessing.

So at last I came home to Vancouver May 5 with my heart full of thankfulness and joy for all of the new friends and brethren I had met in the South Pacific. The Lord had watched over, protected me and helped in so many ways. A true modern Macedonian call is being sent out in the spirit for this new and active field. I believe that they need at least one French-speaking worker for New Caledonia and Tahiti and two English-speaking workers for the rest of the field. Please stand with us in prayer for this worthy and urgent cause. All that seems to be lacking for these workers to step into the field of active search for the lost sheep is hearing the Master's voice say, "the harvest is ripe, but the labourers are few. Pray the Lord of the harvest that he send labourers into the harvest."

Jerry Eaton



*Lunch break at the print shop*

## *The Duty of the Congregation - in this time of Judgment (Atonement)*

Four things were required of each individual member of ancient Israel on the day of atonement - the twenty-four hour period in which the typical work of atonement was performed, and which was "an example and shadow" of the real work (The time of the Investigation Judgment in Heaven.)

1. "The day of atonement...shall be a holy convocation unto you." 2. "Ye shall afflict your souls." 3. "Offer an offering made by fire unto the Lord." 4. "Ye shall do no work in that same day;" = do not let the cares of this life come in and crowd out God's work.

1. That day the day of atonement was to be a holy convocation. The people were to assemble for religious worship. Paul speaks of individuals who, in the days when the High Priest should soon come forth from the heavenly sanctuary, would forsake the religious assembly: [Heb. 10:21-25] "Having a High Priest over the house of God; let us draw near with a true heart, in full assurance of faith, having our hearts sprinkled from an evil conscience.... Not forsaking the assembling of ourselves together, as the manner of some is; but exhorting one another: and so much the more as ye see the day approaching."

The one who takes no pleasure in the meeting with those of like faith to worship God, has an "evil conscience," and has lost faith in the near coming of our High Priest from the heavenly sanctuary. There is a special blessing in worshipping with others. God promises that where even two or three are gathered in His name, He will meet with them. This first requirement is a spiritual thermometer by which every Christian can test his spiritual condition. If he absents himself from the worship of God because he takes no pleasure in it, his spirituality is very low.

2. In old Israel each individual was to "afflict" his soul - i.e. to search his heart, and put away every sin, spend much time in prayer. With this also was connected abstinence from food. This was so forcibly impressed upon the minds of ancient Israel that even at the present day, the Jews fast upon the tenth day of the seventh month.

The individual who realizes that the judgment is going on in the heavenly sanctuary, and his name will surely be presented before that great tribunal, will search his heart and pray earnestly that God will accept him. We need often to meditate upon the work of our High Priest in the heavenly sanctuary, lest by having our minds filled with earthly thoughts, we, like the foolish virgins, will find when too late the bridegroom has come, the door is shut, that the work is finished, and we have no part in it.

In the typical service the congregation in the courts listened for the tinkling of the golden bells on the robes of the high priest, and in this way followed him in his work. Our High

Priest has given signs in the heavens, in the earth, and among the nations to mark the progress of His work; and He said that when we see these signs fulfilled we are to know that He is near, even at the door. Luke 21:25-33; Matt. 24 : 29-35. Another sign was false Protestantism joining with the Papacy bridging the vast gulf of many centuries. Here we saw Ronald Reagan resuming diplomatic relationship with the United States long time enemy the Papacy(1980's); the persecuting religious power which persecutes true Christians. These Christians escaped its power by fleeing to America, giving birth to the United States.

The anti-typical day of atonement covers a period of years (i.e. our time since 1844-153 yrs now). In old Israel there was a fast of twenty four hours required. During this one day there was to be complete control of the appetite; and it was a type of self control to be exercised during the anti-typical period of years - now!! God designs that His people shall be masters of their appetites, and keep the body under. Satan would give loose rein to the appetite, and let it control the person.

In spite of the fact that an army of faithful workers are doing all in their power to withstand the flood of intemperance, Satan is working with such power that drunkenness and crime are increasing at an alarming rate. Back in 1844, when the investigative judgment opened in heaven, only men and a few women were slaves to tobacco; but now thousands of children are being destroyed by it, and many women are addicted to this filthy habit. Wineries, breweries and liquor outlets are increasing in the land with the government strongly pushing them forward with the idea of large profits through taxation. Intoxicating beverages are served in homes as a normal way of life in thousands and millions of homes, and this behavior is much sought after as a sign of social status in the area of dining.

God calls upon His people to be masters of their appetites instead of slaves to it, that they may have clearer minds to comprehend divine truth and follow the work of their High Priest in the heavenly sanctuary.

How few are willing to deny themselves the things their appetites crave, even when they know the claims of God! The prophet Isaiah, looking down through the ages, describes the state of things to follow: [Ish. 22:12-13] "In that day did the Lord God of hosts call to weeping, and to mourning, and to baldness, and to girding with sackcloth: **and behold**, joy and gladness, slaying oxen, killing sheep, eating flesh and drinking wine." What a vivid(clear) picture of the present condition of the world! God calls upon His people to afflict their souls, to control their appetite, to partake of food that will give good blood and a clear mind to discern spiritual truths: but instead of obeying, they engage in "eating flesh and drinking wine." The prophet records the final result of this course: [Ish. 22:14] "It was revealed in mine ears by the Lord of hosts, Surely this iniquity shall not be purged from you till ye die."

The Savior gave special warning against the evil of giving loose rein to the appetite during the time when the records of human lives are being examined and individuals are being accounted worthy or unworthy of eternal life: "Take heed to yourselves, lest at any time your hearts be overcharged with surfeiting, and drunkenness, and the cares of this life, and so **that day** come upon you unawares... Watch ye therefore, and pray always that ye may be accounted worthy to escape all these things that shall come to pass, and to stand before the Son of Man." "That day" is the day that we are judged individually, but none of us are aware when our day will be. The warning is also against "Surfeiting - Overeating, "Drunkenness" - eating injurious food. In other words, the Savior designs that His people, during the anti-typical(today) day of atonement, shall take heed to both the quantity and the quality of their food. The glutton and the drunkard are classed together: "Be not among the winebibbers; among riotous eaters of flesh; for the drunkard and the glutton shall come to poverty."

Our first parents failed on the test of appetite; but where they failed, Christ triumphed. And it is possible for a Christian, with the indwelling Christ in the heart, to be the complete master of his appetite, and to abstain from all food that is injurious, however much the natural appetite may crave it, and not to overeat of good food.

As He entered upon His earthly ministry, the Savior was not only tested upon the point of appetite, but from childhood, He was taught to control His desires. In speaking of His childhood, Isaiah says "Butter and honey shall He eat, *that He may know to refuse evil, and choose the good.*" His manner of eating developed in Him spiritual power to discern between good and evil. Many who have gone into drunkards' graves have eaten "butter and honey," but Jesus ate it in a way to develop spiritual strength. **He ate it according to the Bible rule.** There are three Bible texts which, taken together, contain a rule for eating honey, and **this same rule will apply to all food that is good.** They read as follows: "My son, eat thou honey because it is good." "Hast thou found honey? eat so much as is sufficient for thee." "It is not good to eat much honey." (**all Proverbs**). The one who follows the above instruction, and eats none but good food only "so much as is sufficient," will enjoy good health and a clear mind. God wishes His people to have good health, with souls free from condemnation. Satan delights in beclouding the brain and destroying our health. All who will fulfill the anti-type will be masters of their appetites, that they may prepare to meet the Savior when He comes to the earth as King of kings and Lord of lords.

3. The third requirement enjoined upon the congregation in the day of atonement was to "offer an offering made by fire unto the Lord." The offerings made by fire were consumed upon the altar. In the anti-type(us today) we do not offer burnt-offerings of bullocks and rams; but God expects us to fulfill the anti-type of the offering consumed on the altar. **How is this done, you may ask??** [1 Thess. 5:23] He(God) desires that the "whole spirit and soul and body be preserved blameless unto the coming of our Lord Jesus Christ;" that the entire life of the Christian be laid upon the altar, ready to be used as the Lord directs. None

can do this who do not daily accept Christ as their sin-offering, and know what it is to be accepted in the beloved."

4. The day of atonement was kept as a ceremonial sabbath by the ancient congregation. All work was laid aside, **and the entire thought was given to seeking God and serving Him.** God's work was given the first thought during the entire day. Such was the way in old Israel; but **NOTE it does not mean that today with us ( the anti-typical congregation) in this time of atonement that no one should attend to personal business, for God never intended for His people to be "slothful in business."** He promises to bless us in temporal things if we fulfill the anti-type by looking after His work and service first, and our temporal interest second. This was beautifully taught by the Savior's words: [Luke 21:34] "Take heed to yourselves, lest at any time your hearts be overcharged with...cares of this life, and so that day come upon you unawares."

Satan is liable to entrap people who sincerely mean well into this snare than in any other of his many deceptions. He often persuades good people that the daily cares of household and other daily well-meaning activities are so important that they have no time to study God's word and pray, until, for lack of spiritual food and communion with God, they become so weak spiritually that they accept the doubts and unbelief the enemy is constantly presenting. When the time comes that they think they do have time to study their Bibles, they find they have lost all relish for God's word even though they may still be attending church.

IN REVIEW: Let us look at Rev. 11:1-2 (1st. part). "And there was given me a reed like a rod: and the angel stood, saying, rise and measure the temple of God, and the altar, and them that worship there-in. But the court which is without the temple leave out, and measure it not: for it is given unto the Gentiles." The church is measured by the 10 Commandments and so are the people that worship there. But when speaking of the Gentiles today, the Bible language is also referring to the unbelievers in the church. Why should anyone be judged in the Investigative Judgment who does not wear the robe of Christ Righteousness (unconverted)? No!! They will be reserved with the wicked to be judged in the 1000 yrs as to how long they will have to suffer for their own sins. Their sins, which they did not cast upon the Lamb of God by faith, before the Investigative Judgment was finished in the heavenly sanctuary.

God is testing the great anti-typical congregation(us today). The question is asked; Who will fulfill the anti-type, and not forsake the assembly of God's people!! Who will keep a clear mind by controlling the appetite, and a pure heart by prayer and deep heart searching? Who will lay all their interests upon God's altar, to be used for His glory, and never let the "cares of this life" crowd out God's work or a study of His word? Over such as these our High Priest will say, "he that is righteous, let him be righteous still: and he that is holy, let him be holy still."

# JUICES

Raw juices have a cleansing and detoxifying effect. They purify the blood and all the tissues of the body, neutralize the waste products of metabolism, and help in building new tissues. They are rightly called "the internal baths of health and youth".

Pretty well all European biological clinics use raw juices in their programs of treatment today, both in conjunction with fasting and in a therapeutic diet. Juice, as a medicine, is a major biological therapeutic therapy. In addition to specific medicinal properties, raw fruit and vegetable juices have an extraordinary revitalizing and rejuvenative effect on all the organs, glands and functions of the body.

The favourable effect of raw juices in the treatment of disease, particularly in combination with juice fasting, is attributed to the following facts:

Raw juices are extremely rich in vitamins, minerals, trace elements, enzymes and natural sugars.

Almost 100% of the vital nutritive elements in juices are assimilated directly from the stomach into the blood stream, without putting a strain on the digestive system.

Raw juices speed the recovery from disease by supplying needed sustenance for the body's own healing activity and cell regeneration.

Raw juices provide an alkaline surplus which is extremely important for normalizing the acid-alkaline ratio in the blood and tissues, since over-acidity is present in most conditions of ill health and is considered to be a contributing factor in disease development.

Generous amounts of easily-assimilated organic minerals in juices, particularly calcium, potassium and silicon, help to restore biochemical and mineral balance in the tissues and cells. Mineral imbalance in the tissues is one of the main causes of diminished oxygenation which leads to premature aging of cells and disease.

Studies show that raw juices contain an as yet unidentified factor which stimulates micro-electric tension in the tissues and is responsible for the cell's ability to absorb nutrients from the blood stream and effectively excrete metabolic wastes from the cell.

Even colouring substances, yellow, red, green and blue, in all shades and intensities, which are present in large quantities in all raw vegetable and fruit juices, are vitally important from a therapeutic point of view. They increase production of red blood corpuscles, influence digestive and assimilative processes and take part in the metabolism of proteins and cholesterol.



## Important points regarding juices

1. The only juices which should be used for therapeutic purposes are fresh, natural juices, prepared on your own juicer immediately before drinking.
2. Only fresh, ripe, fruits, plants, berries and vegetables, (if possible use organic) should be used in making juices.
3. Make only as much juice as needed for immediate use. In storage, even under refrigeration, raw juices oxidize rapidly and lose their medicinal value. Even after as short a time as 10 minutes of storage, raw juices lose much of their medicinal value.
4. If juices are very sweet, as is often the case with carrot, beet, grape, apple or pear juice, they should be diluted with water, 50-50, or mixed with other, less sweet juices. This is especially important in some specific conditions, such as diabetes, hypoglycemia, arthritis and high blood pressure.
5. Never mix fruits and vegetables in the same glass of juice. Fruits and vegetable juices are to be made separately and drunk at least 2 hours apart.
6. As a rule, juices should be drunk between meals or one hour before meals, but not with meals.

In a good health food store you can find books that advise certain vegetable or fruit juices that are beneficial to certain ailments. When the body is ill and not able to eat much, it is better to give the digestive system a rest and yet you can still obtain the much needed nutrients that your body needs to heal itself by making raw fruit or vegetable juices.



*Streetsville Branch Sabbath School Outing at Niagara Falls*



*Baptism of Br. Peter Palmer in New Zealand*



*Sis. Frances Chute and her family in Fiji*

# DANDELIONS

## Dandelion Trivia

- Dandelion is derived from the French "dent de lion" which means lion's tooth, in reference to the plants jagged green leaves.
- Dandelions are sometimes called cow-parsnip, probably because the long roots resemble parsnips and can be cooked as such.
- The dandelion belongs to the sunflower family.

## Tastes like...

Some people liken dandelion to chicory. It's definitely a bitter green, considered an acquired taste by many.

## Select the Best

- When picking dandelions, the smaller and paler the dandelion leaf, the better.
- Cultivated dandelions sold in stores are generally longer and more tender than wild ones.

## Salad Stuff

- Dandelions make the perfect bitter green for salads. Consider teaming them up with an array of bitter and sweet greens or use them as an accent with such mild greens as Bibb or Boston.
- Good salad partners include beet slices, croutons, roasted walnuts.

## Cooked Greens

You can steam, boil or saute dandelion greens. Some people like to blanch them first to remove the bitterness, then saute in a little butter or oil.

## Nutrient City

Dandelions are high in vitamin C and A. Ounce for ounce, dandelions contain more calcium than milk. This weed is also rich in iron, potassium, magnesium, fibre and protein.

## Medicinal Uses

The roots have a medicinal effect and has been used for centuries as a tonic, mild laxative and diuretic. Collect the root when the plant is in flower. Steep a teaspoonful of the root, cut into small pieces into a cup of boiling water for half an hour. When cold, drink 1 or 2 cupfuls a day.

# My Heart is a Garden

My heart is a secret garden,  
The place where the world's struggles cease.  
The Master comes there  
In my seasons of prayer  
And brings me His blessings of peace.

My heart is a fragrant garden;  
It yields choicest fruits and flowers.  
Christ brightens the spot  
And sweetens my lot,  
Enriching each day's passing hours.

My heart is a spiritual garden;  
With fruit from the thoughts of my mind.  
A character pure  
That will ever endure—  
Is that what the Reaper will find?

My heart is a needy garden;  
To make it productive sod,  
I must work in good seeds  
And keep out the weeds,  
It living proves fruitful for God.

My heart is a pleasant garden;  
My joys there are pure and true.  
I think on grand themes,  
I dream my sweet dreams  
Of great deeds that I long to do!

